



**Request for Prior Authorization**  
**PIRFENIDONE (ESBRIET) & NINTEDANIB (OFEV)**  
(PLEASE PRINT – ACCURACY IS IMPORTANT)

- a. Documentation of a chest high resolution computed tomography (HRCT) scan showing fibrosis affecting  $\geq 10\%$  of the lungs; and
- b. Patient has documented pulmonary function tests within the prior 60 days showing FVC  $\geq 45\%$  predicted; and
- c. Patient has a carbon monoxide diffusion capacity (%DLco) of  $\geq 30-79\%$  predicted; and
- d. Patient has at least one sign of clinical progression for interstitial lung disease within the last 24 months despite standard treatment with an agent other than nintedanib or pirfenidone:
  - i. A relative decline in the FVC of at least 10% predicted; or
  - ii. A relative decline in the FVC of 5-9% predicted combined with at least one of the following:
    - 1. Worsening respiratory symptoms; or
    - 2. Increased extent of fibrosis on HRCT; or
  - iii. Worsening of respiratory symptoms and an increased extent of fibrotic changes on HRCT only.

If criteria for coverage are met, initial authorizations will be given for 6 months. Additional authorizations will be considered at 6 month intervals when the following criteria are met:

- 1. Adherence to pirfenidone (Esbriet®) or nintedanib (Ofev®) is confirmed; and
- 2. Documentation of a positive response to therapy, defined as meeting at least one of the following:
  - a. Rate of lung function decline slowed; or
  - b. Improved or no worsening of symptoms of cough or shortness of breath; and
- 3. Documentation is provided that the patient has remained tobacco-free; and
- 4. ALT, AST, and bilirubin are assessed periodically during therapy.

**Non-Preferred**

Esbriet                       Ofev

Strength \_\_\_\_\_ Dosage Instructions \_\_\_\_\_ Quantity \_\_\_\_\_ Days Supply \_\_\_\_\_

Is Prescriber a Pulmonologist?                       Yes     No

Does patient have moderate to severe hepatic impairment?     Yes, Child-Pugh B     Yes, Child-Pugh C     No

Does patient have moderate to severe renal impairment or end-stage renal disease?                       Yes                       No

CrCl: \_\_\_\_\_ Date obtained: \_\_\_\_\_ Is patient on dialysis?     Yes     No

Does patient utilize non-prescribed inhalants, such as vaping or other inhaled tobacco products, prior to initiating therapy?     Yes     No

Has patient been instructed to avoid tobacco products while using pirfenidone or nintedanib?     Yes                       No

**Idiopathic Pulmonary Fibrosis (nintedanib or pifenidone)**

Attach results of HRCT or surgical lung biopsy indicating usual interstitial pneumonia (UIP).

Has prescriber excluded other known causes of interstitial lung disease (ILD)?                       Yes     No

Patient has pulmonary function test within the prior 60 days documenting a FVC  $\geq 50\%$  predicted:

Yes (attach results)                       No

Patient has a carbon monoxide diffusion capacity (%DLco) of  $\geq 30\%$  predicted?                       Yes (attach results)     No

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**Systemic Sclerosis-Associated Interstitial Lung Disease (SSc-ILD) (nintedanib)**

Attach results of HRCT scan showing fibrosis affecting  $\geq 10\%$  of the lungs.

Patient has pulmonary function test within the prior 60 days showing FVC  $\geq 40\%$  predicted:

Yes (attach results)       No

Patient has a carbon monoxide diffusion capacity (%DLco) of  $\geq 30-89\%$  predicted?       Yes (attach results)       No

**Chronic Fibrosing Interstitial Lung Disease (nintedanib)**

Attach results of HRCT scan showing fibrosis affecting  $\geq 10\%$  of the lungs.

Patient has pulmonary function test within the prior 60 days showing FVC  $\geq 45\%$  predicted:

Yes (attach results)       No

Patient has a carbon monoxide diffusion capacity (%DLco) of  $\geq 30-79\%$  predicted?       Yes (attach results)       No

Patient has at least one sign of clinical progression of ILD within the last 24 months despite standard treatment with an agent other than nintedanib or pirfenidone:

- A relative decline in the FVC of at least 10% predicted
- A relative decline in the FVC of 5-9% predicted combined with at least one of the following
  - o Worsening respiratory symptoms
  - o Increased extent of fibrosis on HRCT
- A worsening of respiratory symptoms and an increased extent of fibrotic changes on HRCT only.

**Renewal Requests:**

**Patient is adherent to therapy:**       Yes       No

**Patient has remained tobacco-free:**       Yes       No

**Patient has a positive response to therapy, defined as meeting at least one of the following:**

- Rate of lung function decline slowed
- Improved or no worsening of cough or shortness of breath

**ALT, AST, and bilirubin are being assessed periodically:**       Yes       No      Most recent date obtained: \_\_\_\_\_

Other medical conditions to consider: \_\_\_\_\_

**Attach lab results and other documentation as necessary.**

Prescriber signature (Must match prescriber listed above.)	Date of submission
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**IMPORTANT NOTE:** In evaluating requests for prior authorization the consultant will consider the treatment from the standpoint of medical necessity only. If approval of this request is granted, this does not indicate that the member continues to be eligible for Medicaid. It is the responsibility of the provider who initiates the request for prior authorization to establish by inspection of the member's Medicaid eligibility card and, if necessary by contact with the county Department of Human Services, that the member continues to be eligible for Medicaid.