



**CENTENE**<sup>®</sup>  
Corporation

**DARBY BOINGG**  
HAS AN ADVENTURE AND

# MEETS A PERSON WITH DISABILITIES



DARBY BOINGG

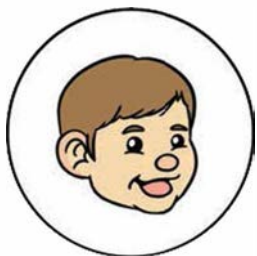


IAN



KIT  
SPROCKETTE







HI! IT'S YOUR  
PAL, DARBY! WE'RE GOING TO  
LEARN ABOUT DISABILITIES,  
BUT FIRST LET'S FIND OUT  
WHAT YOU KNOW. ANSWER THE  
QUESTIONS BELOW THEN  
WE'LL FIND OUT THE  
ANSWERS AT THE END  
OF THE BOOK.

## PRE-TEST

1) HAVING A DISABILITY ONLY MEANS YOU CAN'T WALK.

TRUE

FALSE

2) A PERSON WITH DISABILITIES CAN DO THINGS LIKE GO  
TO SCHOOL AND PLAY BASKETBALL.

TRUE

FALSE

3) THERE ARE DIFFERENT TYPES OF WHEELCHAIRS.

TRUE

FALSE

4) HAVING A DISABILITY MEANS YOU CAN'T HELP ANYONE.

TRUE

FALSE

5) SERVICE ANIMALS ARE DISABLED ANIMALS.

TRUE

FALSE

6) POUCHES ARE IMPORTANT WHEN PEOPLE USE WHEELCHAIRS.

TRUE

FALSE

**DISCLAIMER.** This book provides general information about disabilities, exercise and health-related issues. This information does not constitute medical advice and is not intended to be used as a solitary reference on the subject matter, for the diagnosis or treatment of a health problem, or as a substitute for consulting a licensed healthcare professional. Consult with a qualified physician or healthcare practitioner to discuss specific individual issues or health needs, and to professionally address personal, emotional, health, physical, nutritional or medical concerns. You should consult a qualified medical professional before beginning any exercise program.

ONE FINE DAY, KIT SPROCKETTE WAS HELPING DARBY AT POUCHES 'R US WHEN THEIR GOOD FRIEND IAN CAME TO VISIT DARBY'S STORE.



IAN DESCRIBED ALL OF THE THINGS HE NEEDED TO PUT IN A POUCH. BECAUSE IAN IS A WHEELCHAIR USER, HE NEEDED TO BE ABLE TO CARRY A LOT. DARBY AND KIT WONDERED WHAT KIND OF POUCH WOULD BE BEST.



IAN EXPLAINED THAT HE WAS PARTICULAR ABOUT HIS POUCH BECAUSE HE HAS BEEN A WHEELCHAIR USER HIS WHOLE LIFE AND HAS USED MANY DIFFERENT TYPES OF WHEELCHAIRS.

## TYPES OF WHEELCHAIRS



A MANUAL OR PUSH WHEELCHAIR IS USED WHEN A PERSON CAN USE THEIR HANDS AND ARMS. SOME PEOPLE USE THEM WHEN THEY HAVE AN INJURY SUCH AS A BROKEN LEG.

A SPORTS WHEELCHAIR SITS LOW TO THE GROUND AND MOVES FAST. IT IS USED TO PLAY BASKETBALL, TENNIS, RACING AND OTHER SPORTS.



A MOTORIZED WHEELCHAIR CAN BE OPERATED WITH A JOYSTICK CONTROL INSTEAD OF PUSHING THE WHEELS TO MAKE IT GO GO AND STOP.



SOMETIMES A PERSON MAY USE MANY TYPES OF WHEELCHAIRS FOR DIFFERENT SITUATIONS.

DARBY, LET'S CREATE THE PERFECT POUCH TOGETHER!

IAN TOLD THEM THE POUCH WOULD HAVE TO CARRY A LOT OF COOL THINGS, BUT MOST OF ALL IT WOULD HAVE TO HOLD A BASKETBALL!



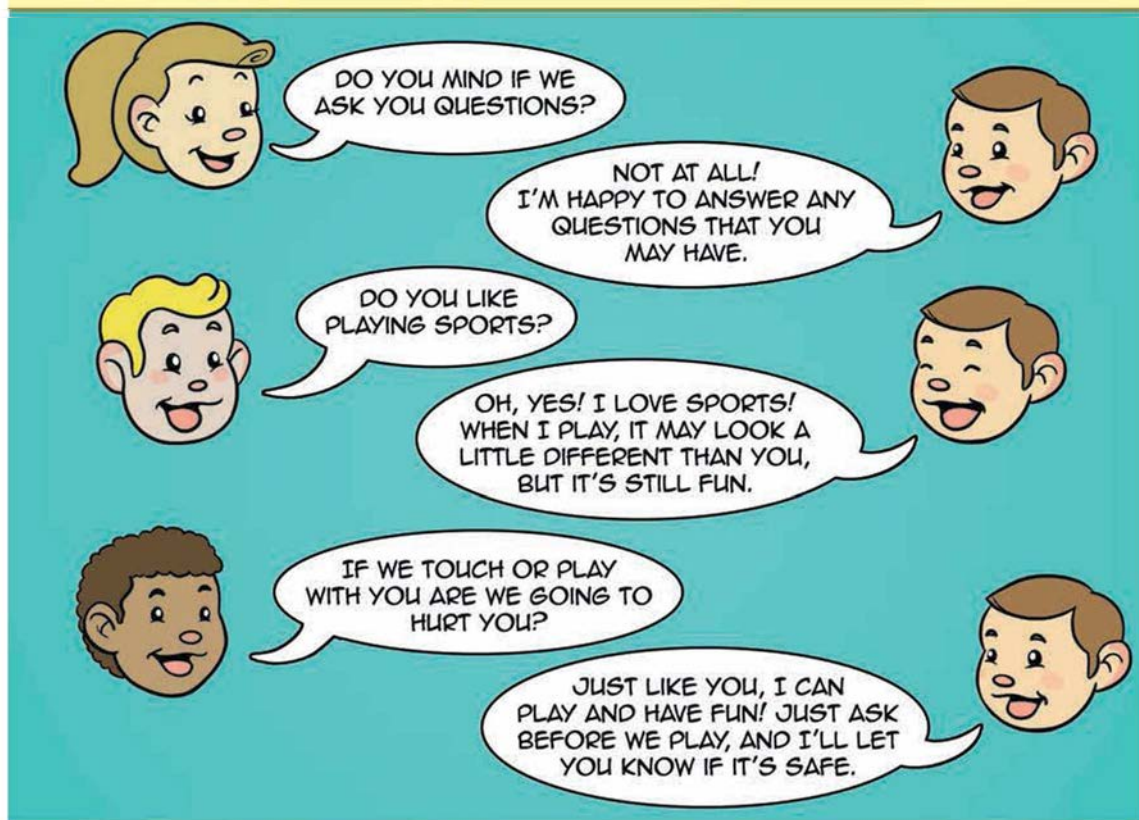
IAN TOLD KIT ABOUT WHEN HE FIRST STARTED TO PLAY BASKETBALL WHEN HE WAS YOUNG. HE HAD WANTED TO PLAY WITH THE OTHER KIDS BUT WAS AFRAID TO ASK TO JOIN IN THE GAME.



ALL THAT CHANGED ONE DAY WHEN THE BASKETBALL BOUNCED OVER TO IAN.



THE KIDS WALKED OVER TO IAN TO GET THE BALL AND TALK TO HIM. THEY WANTED HIM TO PLAY BUT HAD A LOT OF QUESTIONS.



4 IAN TOLD THEM THAT HE COULD DO A LOT OF THE THINGS THEY DO BUT THAT HE HAD SOME COOL THINGS HE USED TO HELP HIM DO MANY THINGS.

IAN EXPLAINED THAT THERE WERE TIMES WHEN THINGS FELT DIFFICULT, AND HE KNEW HE WAS DIFFERENT FROM OTHER KIDS...



...BUT AT HOME, IAN WAS TREATED EXACTLY THE SAME AS EVERYONE ELSE IN THE FAMILY. EVEN DOWN TO DOING THE HOUSE CHORES!





# IAN'S HELPFUL TOOLS



WOW!

## WHEELCHAIRS

WHEELCHAIRS ARE USED TO HELP PEOPLE WITH CERTAIN DISABILITIES MOVE AROUND IN EVERYDAY LIFE.



WHEELCHAIRS MAKE GETTING AROUND MUCH EASIER!



## PERSONAL CARE ASSISTANT

A PERSONAL CARE ASSISTANT (PCA) HELPS PEOPLE WITH DISABILITIES IN THEIR HOMES WHEN THEY NEED HELP WITH DAILY ACTIVITIES.

WITH THE HELP OF A PERSONAL CARE ASSISTANT, WHEELCHAIR, VAN AND A SERVICE DOG, I CAN DO ALL OF THE THINGS THE OTHER KIDS DO!



THESE TOOLS ARE SO COOL!





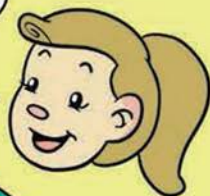
MY SPECIAL VAN HELPS ME TO GO TO ACTIVITIES, SCHOOL, WORK AND VISIT FRIENDS.

## WHEELCHAIR VAN

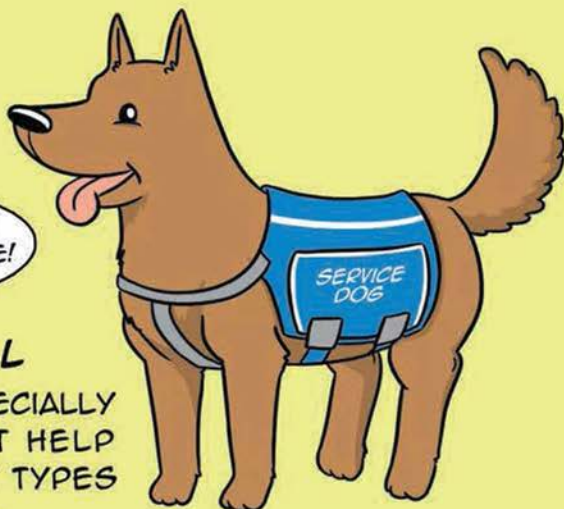
A WHEELCHAIR VAN IS A VEHICLE WITH A MOTORIZED LIFT THAT GOES UP AND DOWN AND LETS A WHEELCHAIR USER GET IN AND OUT AND RIDE ANYWHERE THEY WANT TO GO.



YOU GET YOUR OWN SPECIAL VAN? AMAZING!



SERVICE DOGS ARE SO AWESOME!

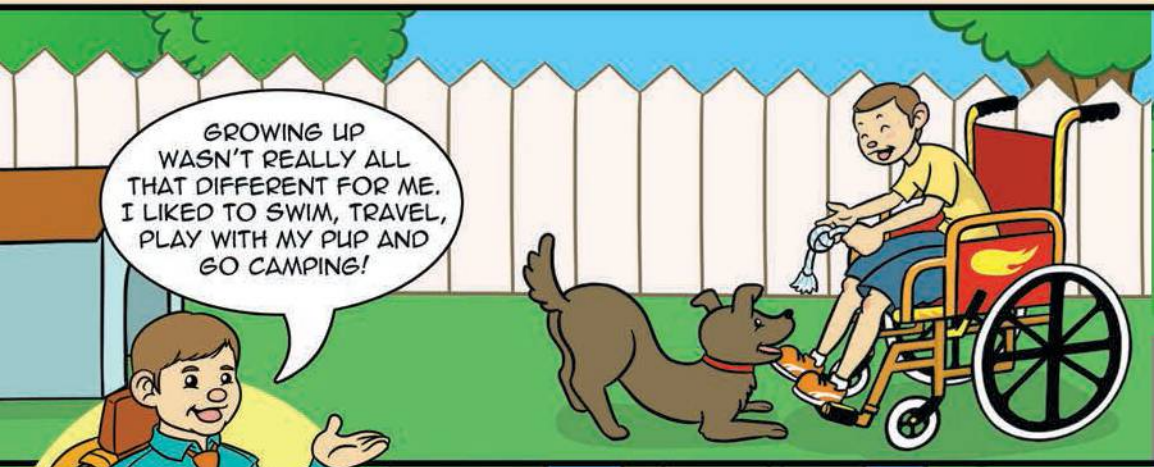


## SERVICE ANIMAL

SERVICE ANIMALS ARE SPECIALLY TRAINED ANIMALS THAT HELP PEOPLE WITH DIFFERENT TYPES OF DISABILITIES.

SERVICE DOGS CAN OPEN DOORS, TURN OFF AND ON LIGHTS AND EVEN CARRY POUCHES!





YESTERDAY'S NOTES →



THIS IS GREAT TEA! THANKS FOR MEETING ME FOR BREAKFAST.



THAT'S GREAT! YOU ARE ALWAYS DOING SO MANY EXCITING THINGS!




HIS FAMILY ALSO TAUGHT HIM THE IMPORTANCE OF WORK AND GIVING BACK TO PEOPLE IN NEED THE BEST WAY HE CAN.


## SOUP-ER Kitchen



WHETHER TYPING IN AN OFFICE OR VOLUNTEERING FOR THOSE IN NEED, WORKING NOT ONLY FEELS GOOD FOR THE WORKER, BUT ALSO GIVES SOMETHING GOOD BACK TO THE WORLD.



WORKING AND VOLUNTEERING HELPS PEOPLE BE STRONG AND INDEPENDENT. IT'S IMPORTANT FOR EVERYONE, WITH OR WITHOUT A DISABILITY, TO BE PRODUCTIVE AND BUILD A GOOD WORK ETHIC!



THAT'S SO COOL! AND NOW YOU'RE EVEN DESIGNING AND MAKING YOUR VERY OWN **INCREDIBLE POUCHES** TO HELP OTHERS!



KIT WAS STILL CURIOUS ABOUT DISABILITIES. IAN IS A WHEELCHAIR USER BECAUSE HE CAN'T WALK, BUT ARE THERE OTHER KINDS OF DISABILITIES?



DOES EVERYONE WITH A DISABILITY HAVE TO USE A WHEELCHAIR? ARE THERE OTHER WAYS PEOPLE CAN BE DISABLED?



"THERE ARE MANY DIFFERENT TYPES OF DISABILITIES," IAN SAID, "FROM ONES PEOPLE ARE BORN WITH TO ONES THAT DON'T LAST TOO LONG TO ONES YOU CAN'T EVEN SEE."

SOMETIMES A PERSON CAN HAVE AN INJURY THAT WILL CAUSE THEM TO BE DISABLED FOR A SHORT TIME.



SOMETIMES PEOPLE ARE BORN WITH DISABILITIES.



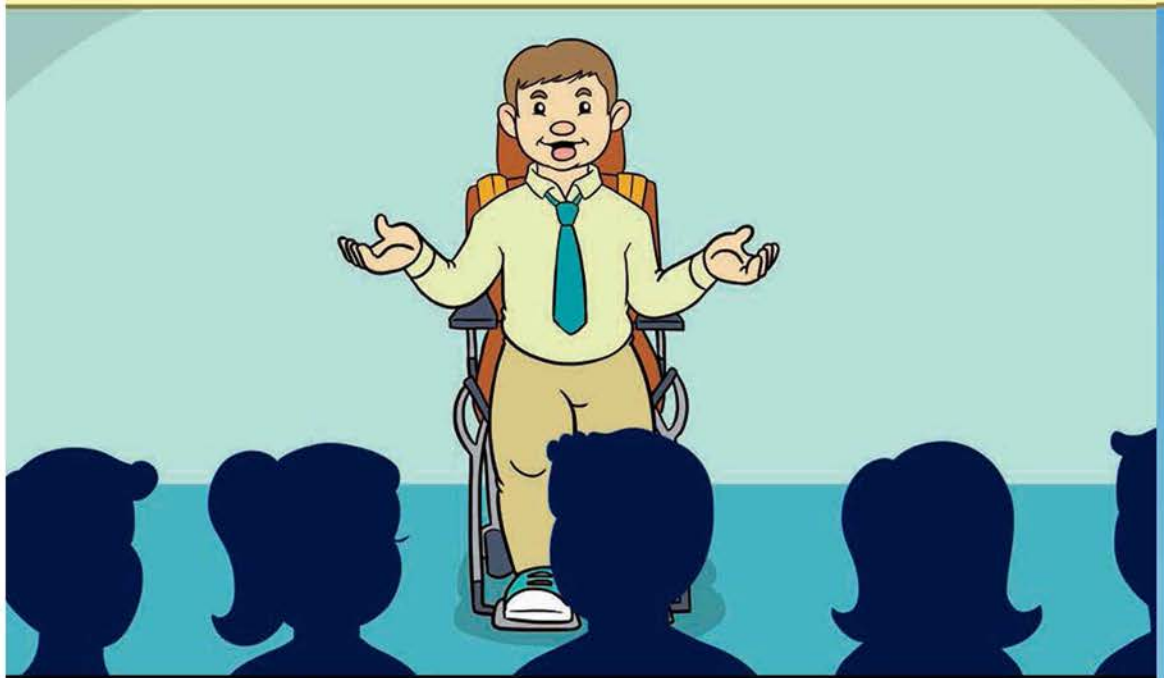
A PERSON CAN HAVE MORE THAN ONE DISABILITY.



THAT'S A GREAT QUESTION, KIT! DISABILITIES CAN COME IN ALL SHAPES AND SIZES. THESE ARE ONLY A FEW. THERE ARE OTHER ONES.



AS AN ADULT, IAN ALSO BEGAN TO TELL OTHERS ABOUT HIS EXPERIENCES, BECAUSE WHEN MORE PEOPLE UNDERSTAND DISABILITIES, IT HELPS EVERYONE LIVE AND WORK BETTER TOGETHER.



IAN WAS ABLE TO HELP PEOPLE WITH AND WITHOUT DISABILITIES COME TOGETHER.



DARBY AND KIT HAD LEARNED SO MUCH, THANKS TO IAN! THEY ALL WORKED TOGETHER REALLY HARD AND SOON CAME OUT WITH THE MOST INCREDIBLE POUCH EVER.





# FIND THE WORDS

FIND ALL OF THE WORDS IN THE PUZZLE BELOW.



WHEELCHAIR



VOLUNTEER



BASKETBALL



SERVICE

A K K D H G V O L U N T E E R N F U B  
B A L N D F U D L G U E R D I G P N G  
A K J D F H G R U S L A F I N D O G A  
S E R V I C E L D G U H R S C A O E L  
K D F L J G H U R L S L K V R D I A B  
E L S D G H D F V F D I G H E F L I B  
T W H E E L C H A I R D L I D W I A L  
B S D L K F U B H R K S J D I L R H A  
A L K S D V U A L D L C N D B L K F A  
L L K S N M C U R A P L D M L C D L P  
L L D F U C O D L A U G W X E F D U W  
A D S F K J R U A P Q U E S T I O N Q



# IAN'S MAZE RACE

HELP IAN WIN THE RACE BY MAKING IT THROUGH THE MAZE.



WE THANK THE REAL IAN FOR INSPIRING THIS BOOK AND TEACHING US ABOUT DIFFERENT DISABILITIES AND THE TALENTS, ABILITIES AND DREAMS OF THOSE WITH DISABILITIES.



# DESIGN AND COLOR THE INCREDIBLE CHAIR

USE PATTERNS AND COLORS TO DECORATE  
THE INCREDIBLE CHAIR.



AWESOME!  
NOW LET'S FIND OUT  
WHAT YOU'VE LEARNED.  
FILL OUT THE QUESTIONS  
BELOW, THEN SEE HOW  
YOU DID.



## POST-TEST

1) HAVING A DISABILITY ONLY MEANS YOU CAN'T WALK.

TRUE

FALSE

2) A PERSON WITH DISABILITIES CAN DO THINGS LIKE GO  
TO SCHOOL AND PLAY BASKETBALL.

TRUE

FALSE

3) THERE ARE DIFFERENT TYPES OF WHEELCHAIRS.

TRUE

FALSE

4) HAVING A DISABILITY MEANS YOU CAN'T HELP ANYONE.

TRUE

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5) SERVICE ANIMALS ARE DISABLED ANIMALS.

TRUE

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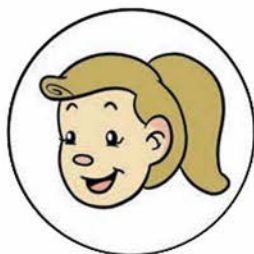
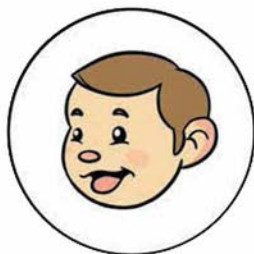
6) POUCHES ARE IMPORTANT WHEN PEOPLE USE WHEELCHAIRS.

TRUE

FALSE

ANSWERS: 1. FALSE, 2. TRUE, 3. TRUE, 4. FALSE, 5. FALSE, 6. TRUE

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## IAN'S PLEDGE

THERE ARE A LOT OF WAYS THAT WE'RE DIFFERENT  
FROM HOW WE LOOK AND MOVE AND SOUND.

SOMETIMES IT'S EASY TO JUDGE SOMEONE  
AND REALLY LET THEM DOWN.

BUT IF WE UNDERSTAND EACH OTHER,  
WE'RE NOT AS DIFFERENT AS IT SEEMS.

THEN WE CAN LEARN TO WORK TOGETHER  
LIKE THE MOST AMAZING TEAM!

SO I PROMISE THAT EVERY DAY I'LL TRY  
TO BE KIND AND BE A FRIEND.

AND REALIZE THAT WE'RE ALL MORE ALIKE  
THAN DIFFERENT IN THE END.



## I took Ian's pledge!

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**SIGN YOUR NAME HERE!**



MADE IN  
THE USA



KEEP THE PLANET  
HEALTHY! THIS BOOK  
WAS PRINTED ON  
RECYCLED PAPER!

WRITTEN AND CREATED BY MICHELLE BAIN

ILLUSTRATED AND DESIGNED BY  
FOX SMITH

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