



by



iowa total care™



## Tuna Lettuce Salad *(serves 2)*

### INGREDIENTS

- 1 (2.6 oz) pouch Hy-Vee reduced sodium chunk light tuna in water, drained
- 2 tablespoons red pepper, seeded and finely chopped
- 2 tablespoons red onion, finely chopped
- 1 stalk(s) celery, thinly sliced
- 2 tablespoons Hy-Vee mayonnaise
- Hy-Vee salt, to taste
- Hy-Vee ground black pepper, to taste
- 1 head lettuce

### INSTRUCTIONS

1. In a medium bowl, mix together tuna, red pepper, red onion, celery, and mayonnaise.
2. Divide mixture between 4 large lettuce leaves; serve immediately.
3. Season to taste with salt and pepper.

Recipe adapted from: <https://www.hy-vee.com/recipes-ideas/recipes/tuna-lettuce-wraps>

To learn more, visit [www.iowatotalcare.com](http://www.iowatotalcare.com).

*Iowa Total Care provides Medicaid health insurance to Iowans. Established in 2019, Iowa Total Care exists to transform the health of communities we serve, one person at a time.*

