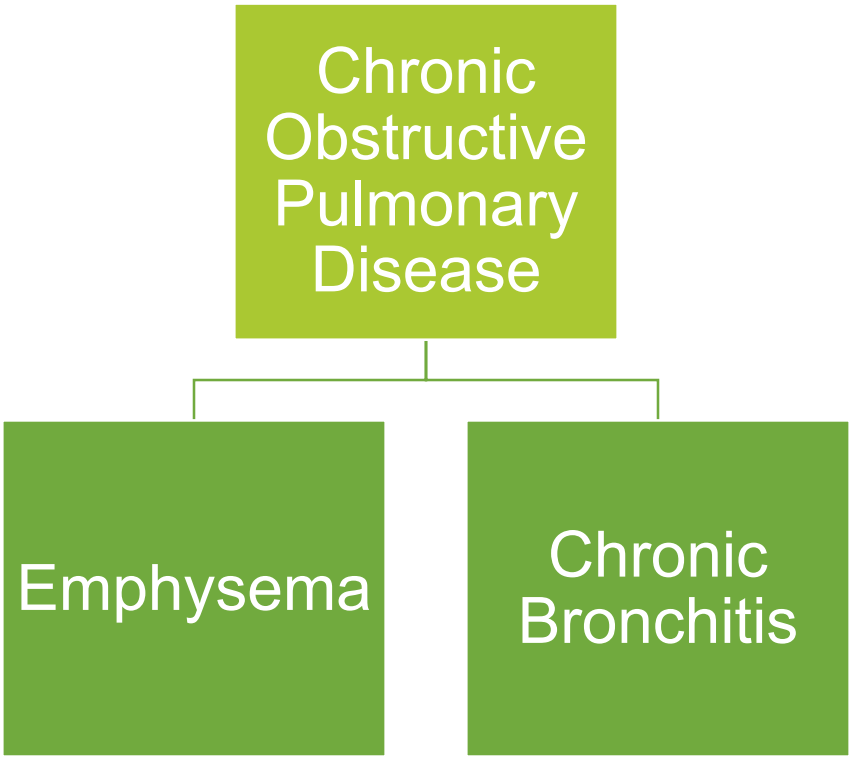
Chronic Obstructive Pulmonary Disease (COPD) And Asthma

Documentation and Coding

Topics

- Overview of COPD and Asthma
- Documentation and Coding Tips
- Improving HEDIS® Scores
- Resources

What is COPD?



- COPD is a chronic condition that is progressive and makes it hard for a person to breathe over time.
- Symptoms: Chronic cough, shortness of breath, frequent respiratory infections, cyanosis, mucus production.
- No cure, but it can be prevented and treated.

Causes of COPD

Smoking

- Z72.0Tobacco Use
- F17.2- Nicotine Dependence
- Z87.891 History of Nicotine Dependence

Environmental

- Z57.3 - Occupational exposure to other air contaminants
- Z77.1 - Contact with and (suspected) exposure environmental pollution and/or hazards in the physical environment

Genetic

- E88.01 Alpha-1-antitrypsin deficiency

COPD

Diagnosis

- ❑ Past Medical History
  - ❑ Smoking History
  - ❑ Environmental Exposures
  - ❑ Family History
- ❑ Review of Symptoms
  - ❑ Shortness of Breath
  - ❑ Chronic Cough
- ❑ Diagnostic Tests
  - ❑ Spirometry
  - ❑ Chest X-Ray
  - ❑ Arterial Blood Gas Test

Treatment

- ❑ Medications
  - ❑ Bronchodilator
  - ❑ Anti-inflammatory
- ❑ Pulmonary Rehabilitation
- ❑ Supplemental Oxygen

Asthma

Asthma is a chronic lung disease that has no cure. As air moves through your lungs, the airways become smaller.

The causes of asthma are unknown but there are common triggers.

Asthma Condition Codes

J45.20 – Mild Uncomplicated Asthma

J45.52 – Severe Persistent Asthma with Status Asthmaticus

J45.990 – Exercise Induced Bronchospasm

Asthma

Diagnosing

- Past Medical History
  - Current Medications
  - Allergies
  - Environmental Factors
  - Family History
- Review of Symptoms
  - Shortness of Breath
  - Wheezing
  - Coughing
  - Tightness in Chest
- Physical Exam and Testing
  - Examine ears, nose, throat, chest, lungs, etc.
  - X-Ray of Lungs and Sinuses
  - Lung Function Test
    - Spirometry
    - Peak Airflow

Treating

Avoiding Triggers

- Exposure to environmental tobacco smoke (Z77.22)
- Tobacco use (Z72.0)
- Exposure to mold (Z771.120)

Long-Term Maintenance Medications

- Budesonide-Formoterol (Inhalation)
- Beclomethasone (Inhalation)
- Montelukast (Oral)

Rescue Medications

- Albuterol (Inhalation)
- Levalbuterol (Inhalation)

Documentation and Coding Tips

M.E.A.T.

- Signs, Symptoms, disease progression, Disease Regression
- **Example:** *CHF, Symptoms well controlled on Lasix and Ace Inhibitor. Continue to monitor.*

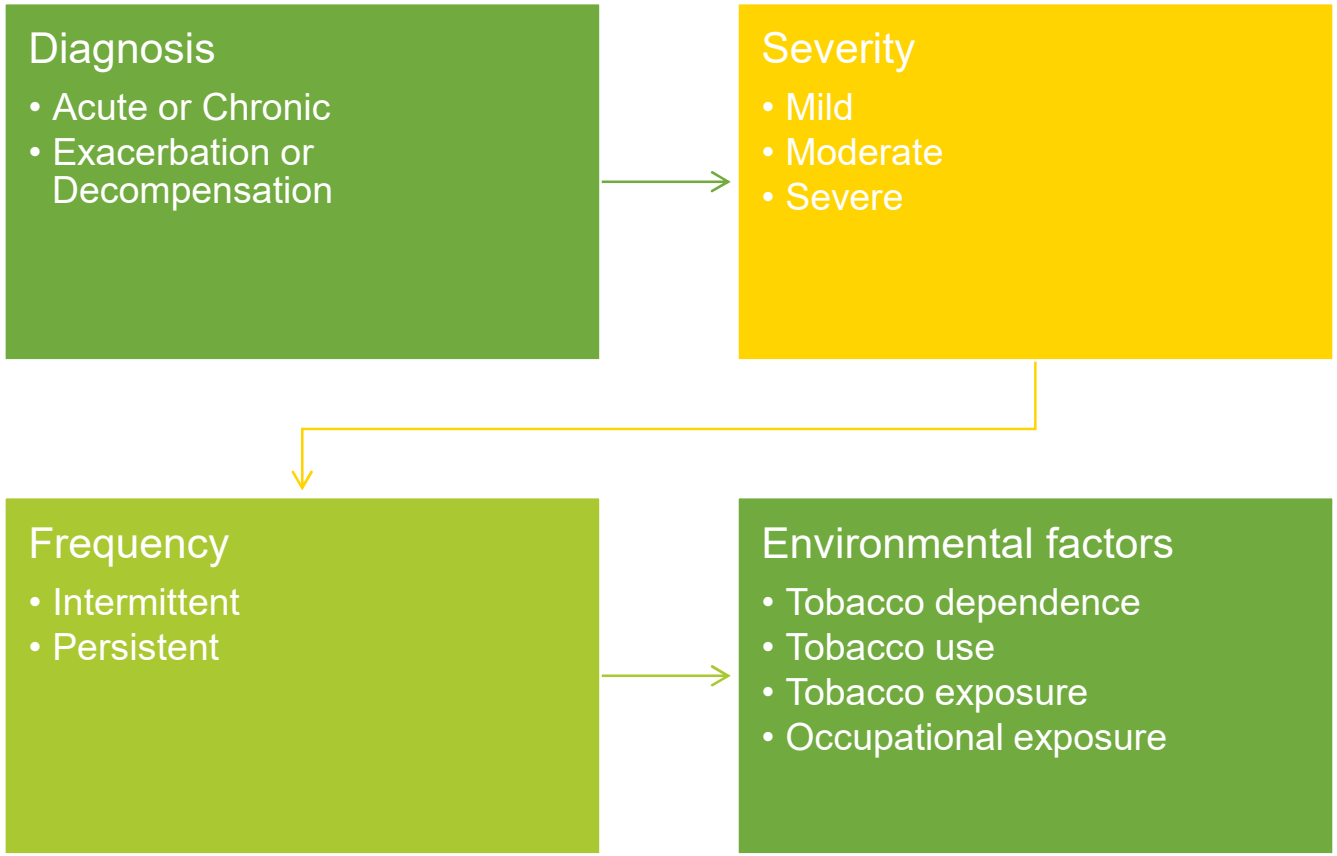
- Test results, medication effectiveness, response to treatment
- **Example:** *Major depression, Zoloft 50 mg per day, patient still feels hopelessness. Raise to 100 mg for the next two weeks.*

- Ordered tests, discussion, review records, counseling
- **Example:** *type 2 diabetes, reviewed labs and a1c well controlled with insulin, diet and exercise*.

- Medications, Therapies, other modalities
- **Example**: *Protein calorie malnutrition, down 5 lbs. since last visit. Start Ensure BID*

A valid reportable diagnosis requires documentation supporting that the condition is being managed, evaluated, assessed or treated.

Coding of COPD and Asthma



Refer to the ICD-10-CM Coding Guidelines for complete information.

Improving HEDIS® Scores

HEDIS® Measures for COPD

Pharmacotherapy Management of COPD Exacerbation (PCE)

- **The Measure States**
  - The percentage of COPD exacerbations for members 40 years and older who had an acute inpatient discharge or emergency department visit on or between January 1 and November 30 of the measurement year and who were dispensed appropriate medications. There are two rates reported:
    - 1. Dispensed a systemic corticosteroid (or there was evidence of an active prescription) within 14 days of event.
    - 2. Dispensed a bronchodilator (or there was evidence of an active prescription) within 30 days of the event.

- **To Improve HEDIS® Scores**
  - Schedule a follow-up appointment within 7-14 days of discharge.
  - Perform a medication review and ensure your patient is using their inhalers correctly.

- **Documentation**
  - Avoid using “history of” if the patient is still being monitored and treated for the condition.

HEDIS® Measures for COPD continued

Use of Spirometry Testing in the Assessment and Diagnosis of COPD (SPR)

- **The Measure States**
  - The percentage of members 40 years and older with a new diagnosis of COPD or newly active COPD, who received appropriate spirometry testing to confirm the diagnosis.

- **To Improve HEDIS® Scores**
  - This measure uses administrative claims information to identify adults 40 and older with a COPD diagnosis, and looks for a claim for spirometry testing.
  - You will receive the highest scores if you document spirometry testing accurately on a claim.

- **Coding***
  - CPT codes include: 94010, 94014-94016, 94060, 94070, 94375, 94620.

*Always verify correct coding when submitting claims

HEDIS® Measure for Asthma

Asthma Medication Ratio (AMR)

- **The Measure States**
  - Assesses adults and children 5–64 years of age who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year.

- **To Improve HEDIS® Scores**
  - Members 5 and older with persistent asthma should be prescribed and remain on an asthma controller and be provided with an asthma action plan.
  - Ensure members referred for asthma keep their appointment.
  - Keep list of member medications current to include medications from other providers.

- **Coding**
  - When coding COPD with asthmatic conditions code both the COPD and Asthma.

Provider Resources

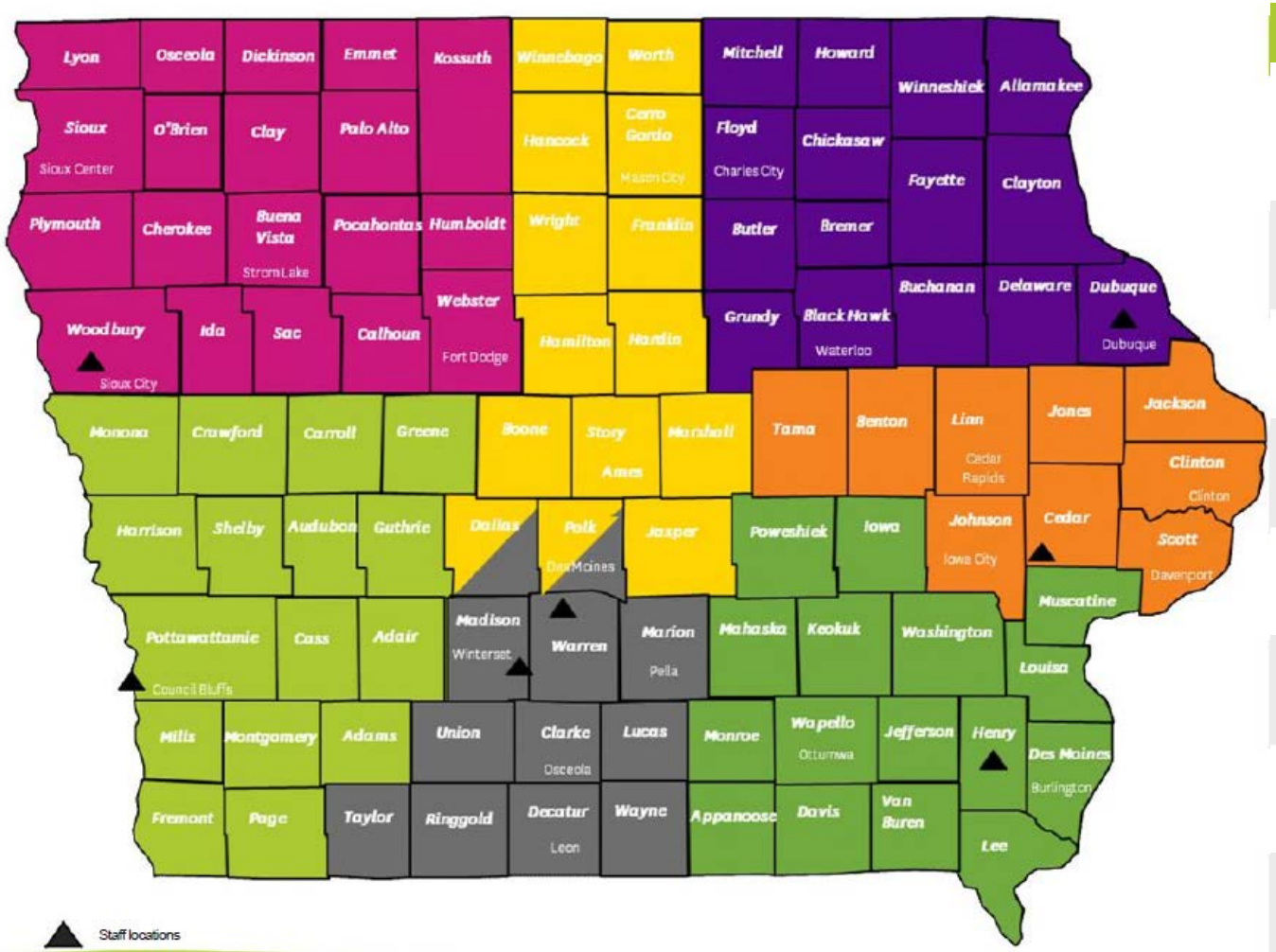
Iowa Total Care Resources

- Get the tools you need at iowatotalcare.com. From the Provider tab on our website you can access:
  - Your Clinical Quality Consultant's contact information
  - Training on programs and gap closure support to fit your practice needs
  - Manuals, forms and HEDIS® tip sheets to assist with caring for your patient.

- From the PCP Portal:
  - Click on ***Patient*** and select member's name to access patient's medical records
  - Click on the ***PCP Analytics*** link to be directed to your Quality dashboard and P4P Scorecard
  - Click on ***Authorization*** to create or view status of a submitted prior authorization
  - Click on ***Claims*** to review status of submitted claims.

- Patient Education Resources
  - Krames Health Library
    - Asthma Action Plan, What is Emphysema?
    - Albuterol Inhalation Aerosol, Budesonide Inhalation
  - Value-Added Services
    - Quit Smoking Programs - QuitLogix®
    - MyHealthPays®

Clinical Quality Consultants Territory Map



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Contact Information

Ashley Posey RN, CRC
Team Lead
712.249.3722
Ashley.Posey@iowatotalcare.com

Amy Hildreth RN, CRC
515.474.4027
Amy.R.Hildreth@iowatotalcare.com

Lori Kramer RN, CRC
563.552.6530
Lori.A.Kramer@iowatotalcare.com

Sue Smith RN, CPHQ, CRC
402.237.6646
Susan.Smith@iowatotalcare.com

Nicole Festler RN, CRC
515.380.4244
Nicole.K.Festler@iowatotalcare.com

Joan Wethington RN, CRC
563.235.9308
Joan.Wethington@iowatotalcare.com

Jenny Johannes RN, CRC
515.608.2554
Jennifer.G.Johannes@iowatotalcare.com

Kim Terrell RN, CPHM , CRC
Manager, Quality Improvement
515.732.3575
Kimberly.K.Terrell@iowatotalcare.com

QUESTIONS?