

Prenatal Information

Follow this guide to prescribe the most cost-effective prenatal vitamins to your patients, our members.

GENERAL PRENATALS	
☐ Complete Natal DHA NDC: 13811-0010-30 PRENATAL VITAMIN, IRON 29MG, FA 1MG, OMEGA-3-DHA ☐ M-Natal Plus Iron NDC: 58657-0170-01 PRENATAL VITAMIN, IRON 27MG, FA ☐ Niva-Plus NDC: 75834-0050-01 PRENATAL VITAMIN, IRON 27MG, FA ☐ Prenatal Vitamins Plus Low Iron NDC: 39328-0106-10 VITAMINS WITH FERROUS FUM 27MG AND FA 1MG	☐ Thrivite Rx Tab NDC: 58657-0133-90 PRENATAL VITAMIN, IRON 29MG, FA 1MG ☐ Trinatal Rx NDC: 13811-0007-10 PRENATAL VIT27, CALCIUM/IRON/FA ☐ Westab Plus NDC: 69367-0267-01 VITAMINS WITH FERROUS FUM 27MG AND FA 1MG ☐ Westnatal DHA Complete NDC: 69367-0251-30 PRENATAL VITAMIN, IRON 29MG, FA 1MG, OMEGA-3-DHA
CHEWABLES	WITH DOCUSATE
☐ Completenate Chew NDC: 13811-0014-90 PRENATAL VITAMIN, IRON 29MG, FA 1MG ☐ Se-Natal 19 with Iron NDC: 13925-0117-01 PRENATAL VITAMIN, IRON 29MG, FA 1MG	☐ Se-Natal 19 NDC: 13925-0116-01 PRENATAL VITAMIN, IRON 29MG, FA 1MG

This information is current as of June 2026. For updated coverage guidance, please access the Iowa Medicaid Preferred Drug List (PDL): iowamedicaidpdl.com*.

*If not immediately directed to the PDL with the above link, visit the Iowa Department of Health and Human Services Medicaid Pharmacy webpage:

hhs.iowa.gov/programs/welcome-iowa-medicaid/provider-services/medicaid-pharmacy.