





TAKE THE PRE-TEST WITH DARBY BOINGG! ANSWER THE QUESTIONS TRUE OR FALSE.

1. THE FOUR POINTY TEETH IN THE FRONT OF YOUR MOUTH ARE CALLED FELINE TEETH.

TRUE FALSE

Q. FLUORIDE IN WATER AND TOOTHPASTE HELPS MAKE TEETH STRONGER.

TRUE FALSE

3. NOT BRUSHING YOUR TEETH WELL CAN CAUSE CAVITIES.

TRUE FALSE

4. THE HARD OUTER SURFACE OF A TOOTH IS CALLED THE PULP.

TRUE FALSE

5. YOU SHOULD FLOSS BETWEEN YOUR TEETH ONCE A DAY.

TRUE FALSE

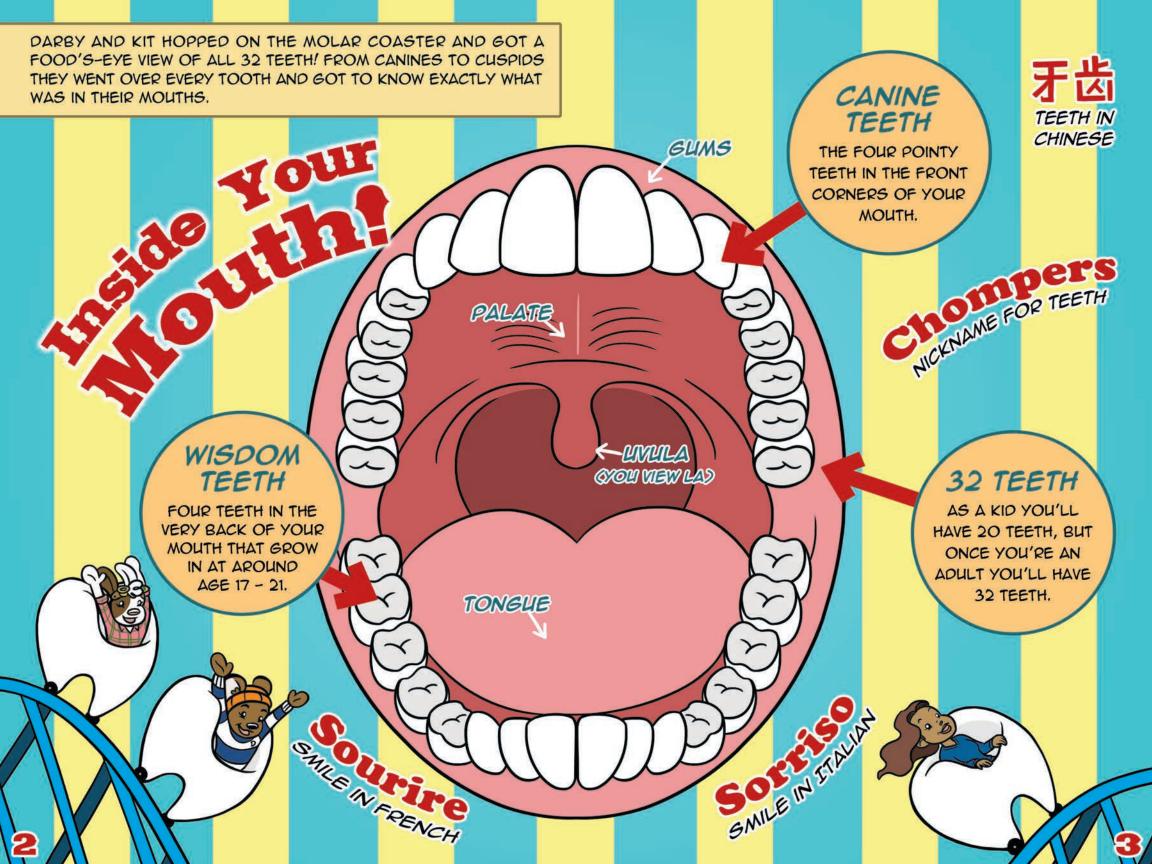
**DISCLAIMER:** This book provides general information about dental health. This information is not intended to be used for the diagnosis or treatment of a health problem or as a substitute for consulting a licensed health professional. Consult with a qualified physician, dentist or health care practitioner to discuss specific individual health needs and to professionally address dental health or medical concerns.

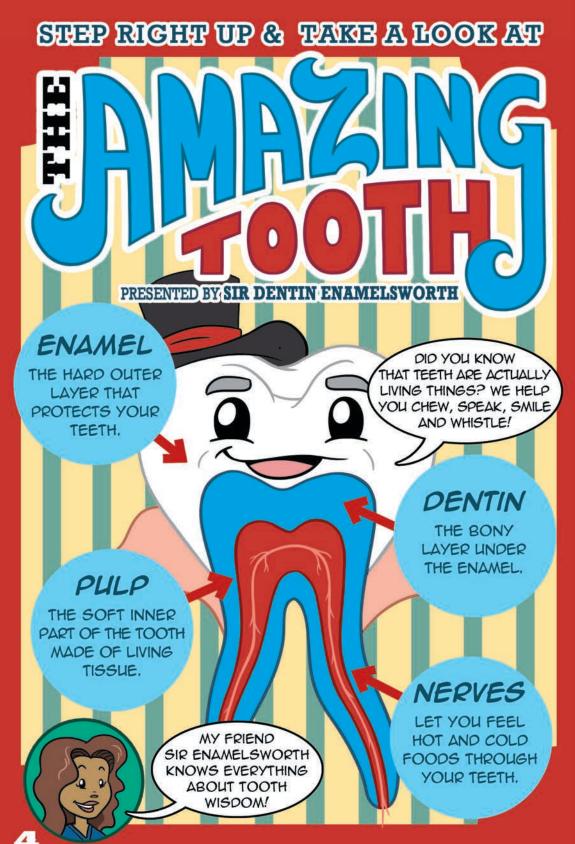
IT WAS A BRIGHT AND SHINY SATURDAY IN CLAYTOWN. THE YEARLY CUSPID CARNIVAL WAS IN FULL FLOSS AND SWING. DARBY AND KIT DECIDED TO HEAD OVER AND CHECK OUT THE BRAND NEW MOLAR COASTER RIDE.



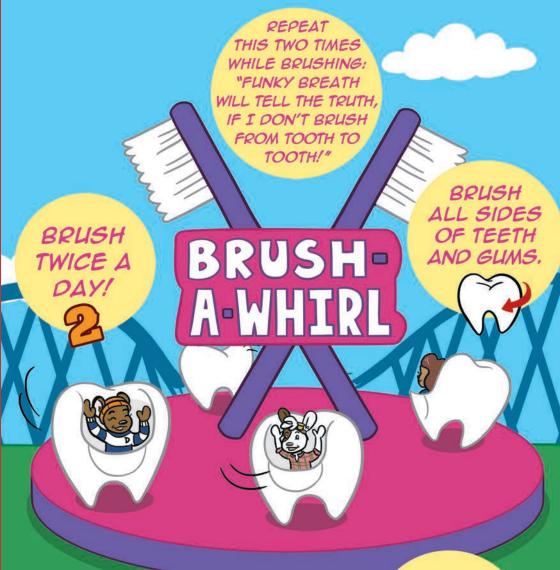
DARBY AND KIT MET DR. BRIGHTSMILE, CLAYTOWN'S VERY BEST DENTIST. SHE WOULD TAKE THEM ON THE MOLAR COASTER AND THROUGH THE FASCINATING CUSPID CARNIVAL.







TEETH NEED TLTC = TENDER LOVING TOOTH CARE! IF YOU COMPLETE THESE STEPS DAILY, YOU CAN ACHIEVE THE LEVEL OF **TOOTH-HYGENIUS!** 

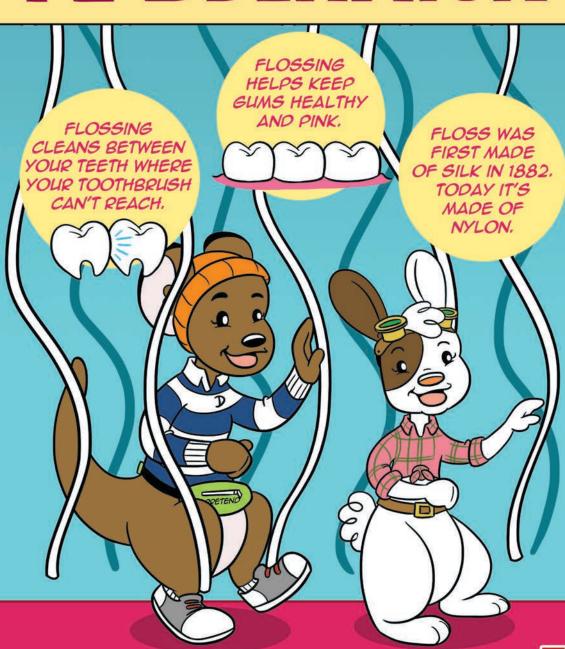


NEVER SHARE YOUR TOOTHBRUSH. THE FIRST TOOTHBRUSH WAS MADE IN ENGLAND IN 1780. DARBY AND KIT WANTED TO BECOME **TOOTH-HYGENIUSES**. THEY KNEW THAT PART OF BRUSHING THEIR TEETH WAS ALSO USING TOOTHPASTE WITH **FLUORIDE** (FLOOR-IDE) IN IT.



DR. BRIGHTSMILE SAID THAT BEING A TOOTH-HYGENIUS WAS ALL ABOUT THE FLOSS. FLOSSING HELPS WITH YOUR OVERALL HEALTH AND THE HAPPINESS OF YOUR SMILE.

# FLOSSINATOR



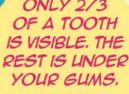
SIR ENAMELSWORTH, DR. BRIGHTSMILE, DARBY AND KIT WERE READY TO TAKE A REFRESHING PLUNGE ON THE FLUORIDE SPLASH AND LEARN HOW IT KEEPS THEIR MOUTHS HEALTHY.

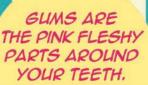


WHAT'S SO IMPORTANT ABOUT YOUR GUMS, DR. BRIGHTSMILE? WHAT DO THEY DO?

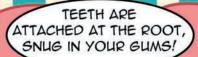
GREAT QUESTION, DARBY!

ONLY 2/3 OF A TOOTH YOUR GUMS.

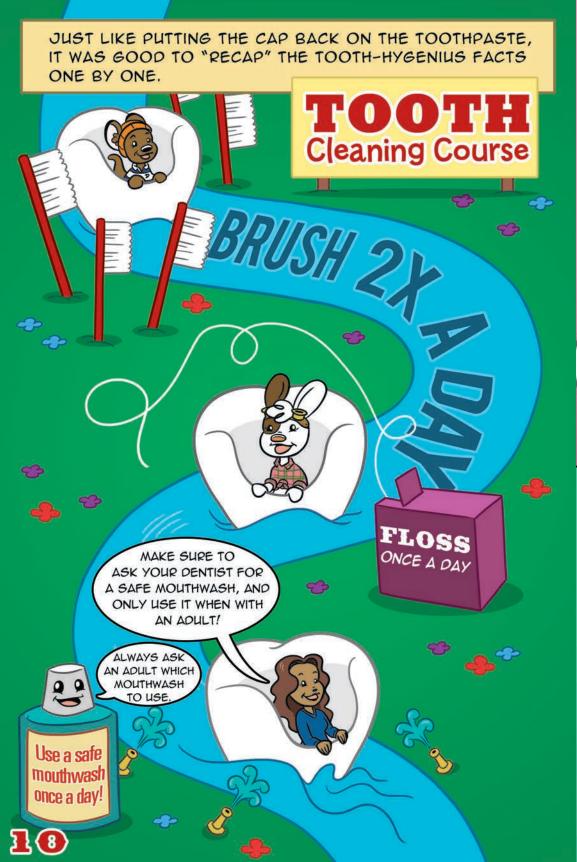








YOUR GUMS SHOULON'T BLEED WHEN YOU BRUSH OR FLOSS IF THEY DO, ASK YOUR PARENT ABOUT SEEING A DENTIST.



DARBY, KIT AND DR. BRIGHTSMILE JUMPED BACK ON THE MOLAR COASTER NEAR THE SNACK ROW, WHERE THEY LEARNED ABOUT WHAT KINDS OF FOODS WERE GOOD AND BAD FOR THEIR TEETH.



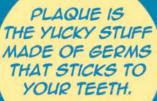
OR. BRIGHTSMILE TOLD DARBY AND KIT IF THEY TOOK CARE OF THEIR TEETH BY BRUSHING, FLOSSING AND EATING THE RIGHT FOODS, VISITING THE DENTIST WOULD BE A BREEZE.



THE RIDE ENTERED A DARK AND CREEPY AREA THAT SHOWED THE PROBLEMS THAT CAN GO ON INSIDE THE MOUTH.



A CAVITY IS A HOLE THAT FORMS IN YOUR TOOTH.





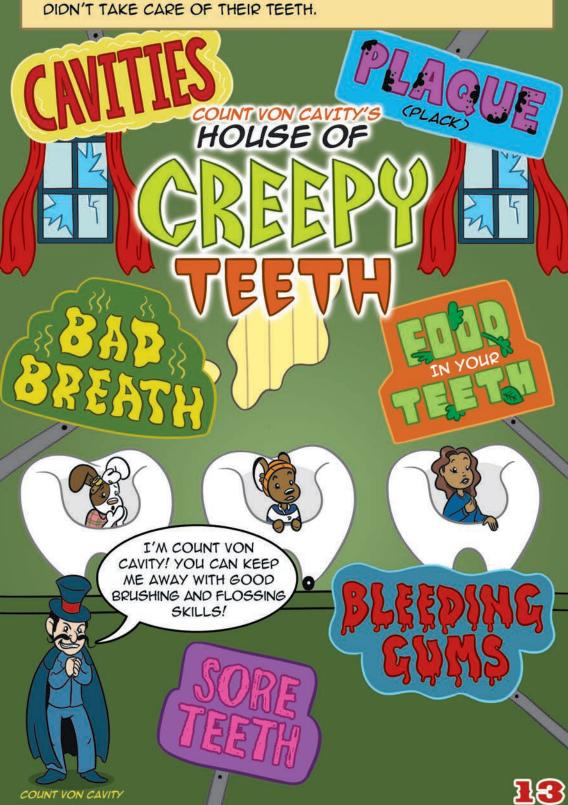
IF YOU HAVE A CAVITY AND DON'T SEE A DENTIST, IT CAN DECAY TO THE INSIDE OF YOUR TOOTH.

A CAVITY CAN GIVE YOU A TOOTHACHE AND BE VERY PAINFUL.



COUNT VON CAVITY

SCENE BY SCENE THE GANG SAW WHAT COULD HAPPEN IF THEY



USE THE CALENDAR TO MAKE SURE THAT YOU BRUSH TWICE A DAY AND FLOSS ONCE, AS WELL AS GARGLE WITH MOUTHWASH! EVERY DAY, PUT A CHECK MARK IN THE BOX AS YOU TAKE CARE OF YOUR TEETH!





COME RIDE THE MOLAR COASTER AGAIN SOON!

| w | EEK | 1 | BRUSH TEETH FLOSS GARGLE MOUTHWASH BRUSH TEETH |
|---|-----|---|--|--|--|--|--|--|--|
| W | EEK | 2 | BRUSH TEETH FLOSS GARGLE MOUTHWASH BRUSH TEETH |
| w | EEK | 3 | BRUSH TEETH FLOSS GARGLE MOUTHWASH BRUSH TEETH |
| w | EEK | 4 | BRUSH TEETH FLOSS GARGLE MOUTHWASH BRUSH TEETH |
| W | EEK | 5 | BRUSH TEETH FLOSS GARGLE MOUTHWASH BRUSH TEETH |

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# This is My Book and My Smile!



EVERY SMILE IS PERFECT!

### POST-TEST



TAKE THE POST-TEST WITH DARBY BOINGS! ANSWER THE QUESTIONS TRUE OR FALSE.

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TRUE FALSE

Q. FLUORIDE IN WATER AND TOOTHPASTE HELPS MAKE TEETH STRONGER.

TRUE FALSE

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TRUE FALSE

4. THE HARD OUTER SURFACE OF A TOOTH IS CALLED THE PULP.

TRUE FALSE

5. YOU SHOULD FLOSS BETWEEN YOUR TEETH ONCE A DAY.

TRUE FALSE

1) FALSE 3.) TRUE 3.) TRUE 4.) FALSE 5.) TRUE

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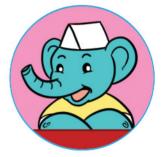


























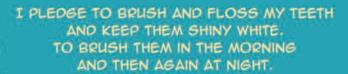




BUCKLE UP AND TAKE A RIDE ON THE

## Iolar Coast

TAKE THE TOOTH-HYGENIUS PLEDGE!



I KNOW THAT HEALTHY SNACKS ARE BEST. LIKE MILK AND FRUIT AND CHEESE, 'CAUSE SWEETS LIKE CANDY AND SODA POP CAN GIVE YOU CAVITIES.



I'LL BE A TOOTH-HYGENIUS, WITH THE FINEST SMILE YOU'VE SEEN! I'LL SEE THE DENTIST TWICE A YEAR AND THE TOOTH FAIRY IN BETWEEN!

MY CANINES, CUSPIDS AND MOLARS WILL BE OH SO BRIGHT TO SEE! IF I TAKE CARE OF ALL MY TEETH THEN THEY'LL TAKE CARE OF ME!



### (NAME)

"TAKING CARE OF YOUR MOUTH, TEETH AND GUMS IS IMPORTANT FOR EVERYONE. THIS BOOK TEACHES DARBY, HIS FRIENDS AND ALL KIDS HOW TO HAVE HEALTHY ORAL HYGIENE."

> Jack Dillenberg, DDS, MPH, Dean Arizona School of Dentistry & Oral Health, A.T. Still University



THE USA



KEEP THE PLANET HEALTHY! THIS BOOK WAS PRINTED ON RECYCLED PAPER!

WRITTEN AND CREATED BY MICHELLE BAIN ILLUSTRATED AND DESIGNED BY FOX SMITH

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