

Pregnancy Quick Reference Guide for Providers

Iowa Total Care is committed to achieving the best health outcomes for members during and after their pregnancy. This reference guide is designed to help you better understand the specifications for HEDIS® measures used to close care gaps and obtain information about programs and resources to support you and your patients.

Supporting Your Care

Prenatal Care

The member's first prenatal visit should occur within the first trimester (by the end of 13th week of pregnancy) or within 42 days of enrollment with Iowa Total Care. A visit with a registered nurse will **not** meet compliance. The visit must be with the following care provider types with a documented diagnosis of pregnancy:

- Midwife
- Obstetrician/Gynecologist
- Prenatal care provider
- Primary care provider (PCP)

Postpartum Care

The member's postpartum visit with a care provider must occur on or between 7 and 84 days after the baby is delivered to close the HEDIS® measure. This visit is an opportunity to:

- Screen the mother for depression, anxiety, substance use, etc.
- Discuss family planning (18 month spacing between pregnancies) and contraception

Using the following codes can reduce the need for chart reviews. Include the following postpartum visit codes when you submit your claims:

- CPT®/CPT²11 codes: 57170, 58300, 59430, 99501, 0503F
- Healthcare Common Procedure Coding System (HCPCS) code: G0101
- ICD-10 diagnosis codes: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.

Notification of Pregnancy Form (NOP)

A Notification of Pregnancy (NOP) is an assessment that identifies pregnant members, collects risk information, and automatically enrolls members into the Start Smart for Baby program. It also aids in establishing a relationship between the member, provider and health plan staff which lead to better maternal and health outcomes. It is recommended to complete the form during the first prenatal visit and submit electronically through our [secure provider portal](#) or fax to **833-257-8323**. Fax forms are available online at iowatotalcare.com/providers/resources.html.

Our Start Smart for Baby Care Managers will review the form and use it to support the provider and member during and after the pregnancy.

Makena® (17P)

Makena (17P) is covered for Iowa Total Care members who had a previous preterm birth or premature rupture of membranes with delivery prior to 37 weeks and have a singleton pregnancy.

Makena (17P) Injections (Z track) should start between 16 weeks, zero days through 27 weeks, six days of pregnancy and continue weekly until 36 weeks 6 days of pregnancy have passed.

There is no need for prior authorization for Makena (17P). It is available as a medical benefit, not a pharmacy benefit. If you have questions about Makena (17P), please call **833-404-1061**.

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Member Programs and Resources

Start Smart for Baby

Start Smart promotes education and communication with pregnant members to ensure a healthy pregnancy and first year of life for their babies. Start Smart offers a range of care management techniques to extend the gestational period and reduce the risks of pregnancy complications, premature delivery, and infant disease which can result from high-risk pregnancies. The program provides educational materials as well as incentives for going to prenatal, postpartum, and well child visits.

Potential participants are identified through claims data, eligibility data, and notification of pregnancy form.

If you'd like to refer a patient, please complete the Notification of Pregnancy form on the provider portal or call **833-404-1061**.

Interpretation Services

Iowa Total Care offers language access services to members with a Limited English Proficiency by way of in-person and over the phone interpretation services. In-person interpretation services can be scheduled for future appointments and over the phone interpretation services are available for immediate assistance. Iowa Total Care offers these services free of charge.

To schedule these services, please contact our member services at **833-404-1061**.

Access to Care (Transportation)

Transportation services are available for non-emergency rides to and from healthcare locations including to doctor or therapy visits. Call **833-404-1061** at least 48 hours prior to the appointment.

My Health Pays

This program rewards healthy activities such as completing the Notification of Pregnancy form and attending preventive care appointments. Members can utilize their cards at Walmart and to help pay for other items such as utilities and more. Additional information about this program is available online at: iowatotalcare.com/members/medicaid/benefits-services/value-adds.html

Early Periodic Screening, Diagnosis and Treatment (EPSDT)

The EPSDT *Care for Kids* program promotes regular well-child, preventive health visits. The program can help care providers identify medical, developmental and social-emotional concerns in children and adolescents younger than 21. Additional information for this program is available at iowaepsdt.org.

Connections Plus®

Members may receive a free phone allowing them to make and receive calls and text messages from providers, nurse advice line, and health plan personnel as well as other preprogrammed contacts. Program information is available online at: iowatotalcare.com/members/medicaid/benefits-services/value-adds.html

Health and Wellness Resources

Members and Providers can access wellness and emotional support online at: iowatotalcare.com/members/Medicaid.html

24/7 Nurse Advice Line

Our Nurse Advice Line is ready to answer health questions 24 hours a day. It is staffed with Registered Nurses. Call **1-833-404-1061 (TTY: 711)**