



Member Name:  
 Medicaid #:

## Comprehensive Assessment & Social History

### Assessment Information

Assessment Date:  
 Previous Assessment Date:

Type of Assessment:  Initial  Annual  Change in status update

The following sources were used to gather and develop my comprehensive assessment and social history (*check all that are applicable*):

Member  Caregiver  Guardian  Parent  
 Physician  Provider  Other

Assessment completed by:  Health Home Provider Name  MCO  
 Name, title, contact information for person completing this assessment:

Reason for referral:

| Assessment / Screening Type | Date | Score/Results/Tier |
|-----------------------------|------|--------------------|
| Health Risk Screener        |      |                    |
| Risk Stratification         |      |                    |
| Other (list):               |      |                    |

### Personal Information

|  |   |
|--|---|
| Preferred Name   |   |
| Preferred Pronouns   |   |
| Date of Birth  |   |
| Address (Street, City, State Zip)  |   |
| Phone Number   |   |
| Email  |   |
| Parent Name ( <i>if child</i> )/Representative ( <i>if adult, applicable</i> ) |   |
| Parent's Address (if different from the child's)                               |   |
| Spouse Name ( <i>if married</i> )  | I want my spouse to be contacted regarding my care:<br><input type="checkbox"/> Yes <input type="checkbox"/> No Comments: |
| Preferred method(s) of contact   | <input type="checkbox"/> Phone <input type="checkbox"/> Text <input type="checkbox"/> Email <input type="checkbox"/> Mail |
| My preferred spoken language   |   |
| My preferred written language  |   |
| I am a veteran   | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><i>If yes, answer following questions:</i><br>Branch:         |

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|  |  |
|--|--|
|  | Years of service:<br>Honorable Discharge: <input type="checkbox"/> Yes <input type="checkbox"/> No |
|--|--|

**For Children Only**

|  |   |
|--|---|
| Child resides with, <i>(If in a facility, note name of facility and address)</i>     |   |
| Parents' Marital Status  | <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Never Married |
| If parents are not living together, the following parent is the non-custodial parent | Name:<br>Address:   |
| There are sibling(s) living in the home with the child                               | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| One or more siblings are receiving waiver/habilitation services                      | <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If yes, describe:</i>                         |

My Strengths are:

My Preferences are:

Preferences should also include personal preferences for how case management and services are delivered (i.e. where/with who to live, when to go to bed, when and what to eat, whom to involve in care planning, which services and service providers to use).

I am currently accessing long-term services and supports waiver:  Yes  No  Unsure  
*If yes, name of waiver:*

I am on a waiting list for a long-term services and supports waiver:  Yes  No  Unsure  
*If yes, I am pending for:*

### Communication & Language

I need support with reading and/or understanding written material (include guardian response if applicable)  
 Yes  No *If yes, what support is needed:*

I need support with understanding information about my condition, medicines, or doctor's instructions (include guardian response if applicable)  
 Yes  No *If yes, what support is needed:*

I describe my understanding of my needs and challenges (insight) as (select the most appropriate)

|  |                              |
|--|------------------------------|
| I am knowledgeable about my needs and I am able to help direct planning to address them. | <input type="checkbox"/> Yes |
| I am knowledgeable about my needs and participate in planning to address them.           | <input type="checkbox"/> Yes |
| I am somewhat knowledgeable about my needs.  | <input type="checkbox"/> Yes |
| I would rather not participate in plans to address my needs.                             | <input type="checkbox"/> Yes |
| I do not think that I have needs or challenges that need to be addressed at this time.   | <input type="checkbox"/> Yes |

Comments:

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### Awareness and Memory

I describe my awareness & memory (cognitive status) as (select the most appropriate)

|  |                              |
|--|------------------------------|
| Fine with no concerns (alter and fully oriented)   | <input type="checkbox"/> Yes |
| Alert and oriented with daily fluctuations in mood   | <input type="checkbox"/> Yes |
| Generally oriented through use of assistive technologies (verbal prompts, schedules, uses of technology for reminders, etc.) | <input type="checkbox"/> Yes |
| Difficulty with orientation (e.g. time/place, attention/concentration, perception, memory, reasoning)                        | <input type="checkbox"/> Yes |
| Exhibits mental status changes consistent with psychiatric disorder  | <input type="checkbox"/> Yes |
| Comatose, but responsive   | <input type="checkbox"/> Yes |
| Comatose, but unresponsive   | <input type="checkbox"/> Yes |
| Other - Specify  | <input type="checkbox"/> Yes |

- I have the following awareness & memory needs

### Hearing

I describe my hearing as (select the most appropriate):

|  |                              |
|--|------------------------------|
| Fine with no concerns                                  | <input type="checkbox"/> Yes |
| Fine with use of assistive devices (e.g. hearing aids) | <input type="checkbox"/> Yes |
| Able to hear but not clearly                           | <input type="checkbox"/> Yes |
| Difficulty hearing in noisy environments               | <input type="checkbox"/> Yes |
| Unable to hear   | <input type="checkbox"/> Yes |

- I have the following hearing needs

### Vision

I describe my vision as (select the most appropriate)

|   |                              |
|---|------------------------------|
| Fine with no concerns   | <input type="checkbox"/> Yes |
| Impairment, but managed through assistive devices (i.e. glasses/contacts) | <input type="checkbox"/> Yes |
| Vision is significantly impaired  | <input type="checkbox"/> Yes |

- I have the following vision needs

### Speech and Communication

I describe my **speech and/communication** as (select the most appropriate)

|   |                              |
|---|------------------------------|
| Fine with no concerns   | <input type="checkbox"/> Yes |
| Communicates with difficulty but can be understood  | <input type="checkbox"/> Yes |
| Communicates with sign language, symbol board, written messages, gestures, and/or interpreter | <input type="checkbox"/> Yes |

- I have the following speech and communication needs

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### Social, Cultural & Spiritual Preferences

Describe family involvement, relationships, include past & current (*Describe the member's immediate family, involvement through member's life, relationships such as very close, never sees them, etc. and how they would describe growing up*):

#### Social

I communicate with friends, relatives and others (not paid helpers) as often as I want:  Yes  No

*If no, explain:*

*If child, are there any people who the child is not to have contact with (list):*

I am satisfied with my relationships:  Yes  No Support Needed:

I would like to have more of a support system:  Yes  No *If yes, explain:*

I feel that I lack companionship:  Yes  No *If yes, explain:*

My support system consists of (check all that apply):  Family Members  Friends  Co-Workers  
 Church  Support Groups  Other – Explain

I communicate with my support system by (check all that apply):  Visiting in person  Phone  Texting  
 Email  Other, explain

My support system is supportive and/or involved in my treatment?  Yes  No *If no, explain:*

I have access to mass media (i.e. television, newspaper) and technology (cell phone, internet):  Yes  No  
*If no, explain:*

#### Cultural

I identify myself as:

My family traditions/beliefs that I follow are:

I have the following cultural beliefs regarding healthcare or specific treatments:

I experience cultural stress regarding social norms, behaviors and attitudes (e.g. racism, negativity towards sexual orientation, gender identify and expression, and other forms of discrimination):  Yes  No  
*If yes, explain:*

#### Spiritual

My religious/spiritual preference is:

I choose to practice a religion/spiritual belief:  Yes  No

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I attend religious/spiritual services, as I want:  Yes  No

I choose to participate in my religion/spiritual beliefs as much as I want:  Yes  No

I have the following religious/spiritual beliefs regarding receiving healthcare or specific treatments:

### Leisure Activities

These are my hobbies, activities and things I do for fun:

I enjoy spending time with the following people in my free time:

### Marital & Dating Status

My dating and marital status history is:

Is member able to understand consent:  Yes  No *If no, additional information:*

I am currently (*check all that apply*):  Never Married  Married  Single  Divorced  
 Legally Separated  Widowed  Dating  Unknown  NA- Minor

If not married, I would like to date:  Yes  No  NA

I am sexually active:  Yes  No  Prefer not to answer I am taking the following precautions:

### Developmental Milestones (Children Only)

My birth parents are:

My child's weight at birth:

|  |   |                                    |
|--|---|------------------------------------|
| Was the pregnancy full-term?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | <i>If no or unknown, explain:</i>  |
| Were there any complications during or immediately following delivery? | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | <i>If yes or unknown, explain:</i> |
| Was your child exposed to drugs or alcohol in utero?                   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | <i>If yes or unknown, explain:</i> |
| Did your child walk independently by 18 months?                        | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | <i>If no or unknown, explain:</i>  |
| Did your child use 2-to-4-word sentences by 24 months?                 | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | <i>If no or unknown, describe:</i> |
| By age 4, was your child daytime toilet trained?                       | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | <i>If no or unknown, describe:</i> |

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I have the following concerns regarding my child's development:

|   |  |                         |
|---|--|-------------------------|
| Gross motor (walking, running, physical activities) | <input type="checkbox"/> Yes <input type="checkbox"/> No | <i>If yes, explain:</i> |
| Fine motor (use of pencil, manipulation of objects) | <input type="checkbox"/> Yes <input type="checkbox"/> No | <i>If yes, explain:</i> |
| Independent functioning (eating, dressing self)     | <input type="checkbox"/> Yes <input type="checkbox"/> No | <i>If yes, explain:</i> |

Comments:

I have the following additional concerns regarding my child's development:

Is the home childproof (e.g. hazards such as detergents or medications are kept out of child's reach or are locked up; electrical outlets are covered, etc.):  Yes  No *If no, describe:*

## Medical & Mental Health History

I am currently diagnosed with the following conditions:

| Condition   | Active                   | Past                     | Physician & Credentials | Year Diagnosed | Family History (mark if yes) | Family Member & Age of Diagnosis (i.e. parents, siblings, children, grandparents) |
|---|--------------------------|--------------------------|-------------------------|----------------|------------------------------|---|
| Arthritis   | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Asthma  | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Back Pain   | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Behavioral Health Diagnosis (Name and ICD-10 Code): | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Cancer Type:  | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Chronic Kidney Disease                              | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| COPD / Emphysema                                    | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Diabetes Type 1<br>Last A1C date & number:          | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Diabetes Type 2<br>Last A1C date & number:          | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Pre-Diabetes<br>Last A1C date & number:             | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Hepatitis   | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Heart Disease                                       | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| High Blood Pressure                                 | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| High Cholesterol                                    | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| HIV   | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |
| Learning Disability                                 | <input type="checkbox"/> | <input type="checkbox"/> |                         |                | <input type="checkbox"/>     |   |

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|---|--------------------------|--------------------------|--|--|--------------------------|--|
| Mental Health Diagnosis (Name and ICD-10 Code): | <input type="checkbox"/> | <input type="checkbox"/> |  |  | <input type="checkbox"/> |  |
| Sickle Cell Disease (not trait)                 | <input type="checkbox"/> | <input type="checkbox"/> |  |  | <input type="checkbox"/> |  |
| Stroke  | <input type="checkbox"/> | <input type="checkbox"/> |  |  | <input type="checkbox"/> |  |
| Transplant Type:                                | <input type="checkbox"/> | <input type="checkbox"/> |  |  | <input type="checkbox"/> |  |
| Any other chronic conditions:                   | <input type="checkbox"/> | <input type="checkbox"/> |  |  | <input type="checkbox"/> |  |

Summary of physical and mental health, including onset of diagnosis and symptoms:

I have the following physical and mental health concerns:

I have the following physical and mental health barriers to recovery:

### Surgeries/Major Procedures

I have had the following surgeries / major procedures:

| Hospital / Surgery Center | Surgery / Major Procedure | Dates Received |
|---------------------------|---------------------------|----------------|
|                           |                           |                |
|                           |                           |                |

### Significant Illnesses

I have had the following significant past illnesses:

| Past Health Condition | Symptoms | Treatment History | Dates Received |
|-----------------------|----------|-------------------|----------------|
|                       |          |                   |                |
|                       |          |                   |                |

In the **past 12 months**,

- I needed to see a doctor but could not because of the cost or lack of resources.  Yes  No
- I went without health care because I didn't have a way to get there.  Yes  No

Comments:

### Dental

I describe my dental hygiene as:

|                   |  |
|-------------------|--|
| Fine, no concerns | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| I have tooth pain | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| I have no teeth   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| I have dentures   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Other             | <input type="checkbox"/> Yes <input type="checkbox"/> No |

- I have the following dental needs

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### Fall History

I have a history of falls:  Yes  No *If yes, my last fall was:*

I have the following preventative measures in place to decrease my falls:

### Behavioral Health / Mental Health

I would rate my overall mental health as:  Excellent  Good  Fair  Poor

Comment:

My current stressors are:

#### **Today,**

|  |  |
|--|--|
| I have thoughts of harming myself or feelings of suicide | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| I have thoughts of wanting to harm others                | <input type="checkbox"/> Yes <input type="checkbox"/> No |

- If yes, provide more details:*

#### **In the Past,**

|   |  |
|---|--|
| I have had thoughts to harm myself or feelings of suicide           | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| I have had thoughts of wanting to harm others or have harmed others | <input type="checkbox"/> Yes <input type="checkbox"/> No |

- If yes, provide more details:*

In the **past 2 weeks**, I have been bothered by the following,

|   |   |
|---|---|
| Little interest or pleasure in doing things | <input type="checkbox"/> Not at all <input type="checkbox"/> Several days <input type="checkbox"/> More than half the days<br><input type="checkbox"/> Nearly every day |
| Feeling down, depressed or hopeless         | <input type="checkbox"/> Not at all <input type="checkbox"/> Several days <input type="checkbox"/> More than half the days<br><input type="checkbox"/> Nearly every day |

In the **past 30 days**, I have

|   |  |
|---|--|
| Seen or heard things that are not really there (hallucinations) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Had feeling of paranoia   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Had irrational thoughts that weren't true (delusions)           | <input type="checkbox"/> Yes <input type="checkbox"/> No |

- If yes, provide more details:*

### Hospitalization & Emergency Room Visit History

I am able to access emergency room assistance, as needed:  Yes  No

I need the following supports to access emergency room assistance:

#### **In the past year,**

|  |  |
|--|--|
| I have been hospitalized for mental health reasons | <input type="checkbox"/> None <input type="checkbox"/> Once <input type="checkbox"/> 2-4 times <input type="checkbox"/> 5-7 times<br><input type="checkbox"/> 8+ times |
|--|--|



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|  |  |
|--|--|
| I have been hospitalized for medical reasons | <input type="checkbox"/> None <input type="checkbox"/> Once <input type="checkbox"/> 2-4 times <input type="checkbox"/> 5-7 times<br><input type="checkbox"/> 8+ times |
| I have been to the emergency room            | <input type="checkbox"/> None <input type="checkbox"/> Once <input type="checkbox"/> 2-4 times <input type="checkbox"/> 5-7 times<br><input type="checkbox"/> 8+ times |

### Psychiatric and/or Alcohol / Substance Use Hospitalizations

I have had the following psychiatric and/or alcohol / substance use hospitalizations:

| Provider Name & Address | Reason for Inpatient Stay/Facility Stay | Successful/Helpful                                       | Dates Received |
|-------------------------|---|--|----------------|
|                         |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
|                         |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
|                         |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
|                         |   | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |

### Medical Hospitalizations

I have had the following medical hospitalizations:

| Provider Name & Address | Reason for Stay | Successful/Helpful                                       | Dates Received |
|-------------------------|-----------------|--|----------------|
|                         |                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
|                         |                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
|                         |                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
|                         |                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |                |

### Emergency Room Visits

I have had the following emergency room visits current and past:

| Provider Name & Address | Reason for ED Visit | Dates Received |
|-------------------------|---------------------|----------------|
|                         |                     |                |
|                         |                     |                |
|                         |                     |                |

### Preventative Visits

I have had the following health screenings

| Preventative Measure                | Completed  | Date | Results |
|-------------------------------------|--|------|---------|
| Flu Shot                            | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |         |
| Blood Pressure (systolic/diastolic) | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |         |

For **Adults ONLY**

| Preventative Measure          | Completed  | Date | Results |
|-------------------------------|--|------|---------|
| Cholesterol (Total)           | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |         |
| Low Density Lipoprotein (LDL) | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |         |
| Colonoscopy                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |         |

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For **Women ONLY**

| Preventative Measure                      | Completed  | Date   |
|---|--|--|
| Mammogram                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No   |  |
| Pap smear in last five years              | <input type="checkbox"/> Yes <input type="checkbox"/> No   |  |
| I am pregnant<br>I have a prenatal doctor | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> Yes <input type="checkbox"/> No | <i>If yes, Due Date:</i><br><i>Name of Provider:</i> |

For **Children ONLY**

My child is up-to-date on his/her immunizations:  Yes  No *If no, describe:*

### Allergies

| Allergy Type | Allergy  | Type | Reaction |
|--------------|--|------|----------|
| Food         | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |          |
| Medications  | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |          |
| Other        | <input type="checkbox"/> Yes <input type="checkbox"/> No |      |          |

### Physical Health

I would rate my overall physical health as:  Excellent  Good  Fair  Poor

Comments:

|                    |  |                    |  |                          |  |
|--------------------|--|--------------------|--|--------------------------|--|
| My height (inches) |  | My weight (pounds) |  | My body mass index (BMI) |  |
|--------------------|--|--------------------|--|--------------------------|--|

### Exercise Routine

|  |  |
|--|--|
| I engage in moderate to strenuous exercise (like a brisk walk) # days per week |  |
| I engage in # minutes of strenuous exercise per week                           |  |
| I want to increase my activity level   | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Comments:

### Nutrition

|   |   |
|---|---|
| My appetite is  | <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor |
| I follow a healthy diet   | <input type="checkbox"/> Yes <input type="checkbox"/> No                                  |
| I have had unexplained weight loss or weight gain in the past year    | <input type="checkbox"/> Yes <input type="checkbox"/> No                                  |
| I have concerns regarding my nutrition                                | <input type="checkbox"/> Yes <input type="checkbox"/> No                                  |
| I am able access the local grocery store or farmers market, as needed | <input type="checkbox"/> Yes <input type="checkbox"/> No                                  |

Comments:

### Toxin Exposure

I have had the following exposure to toxins (e.g. Radon, lead in drinking water, lead in paint, chemicals, in-utero drug or alcohol exposure including smoking, alcohol poisoning, etc. If none, indicate no known exposure.):

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| Toxin | Exposure<br>(inhalation, ingestion,<br>direct contact) | Dates | Effects |
|-------|--|-------|---------|
|       |  |       |         |
|       |  |       |         |

### Domestic Violence, Physical, Emotional, Sexual Abuse & Trauma

|                              |   |
|------------------------------|---|
| I have been a victim of      | <input type="checkbox"/> Domestic Violence <input type="checkbox"/> Physical Abuse <input type="checkbox"/> Psychological Abuse<br><input type="checkbox"/> Emotional Abuse <input type="checkbox"/> Sexual Abuse |
| I have been a perpetrator of | <input type="checkbox"/> Domestic Violence <input type="checkbox"/> Physical Abuse <input type="checkbox"/> Psychological Abuse<br><input type="checkbox"/> Emotional Abuse <input type="checkbox"/> Sexual Abuse |
| I have a history of trauma   | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| My trauma history includes   |   |

Additional information regarding domestic violence, physical, emotional, sexual abuse (i.e. don't identify people by name but as friend, neighbor, family member, etc.):

### Medications

In the **past year**,

|  |  |           |
|--|--|-----------|
| I have had significant medication changes      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Comments: |
| I have forgotten to refill medications on time | <input type="checkbox"/> Yes <input type="checkbox"/> No | Comments: |

I store my medications in the following location(s):

I forget to take my prescribed medications:

- Daily  
  Weekly  
  Once/ Twice a Month  
  Infrequent  
  Never

I remember to take my medications by (select all that apply):

- Following directions  
  Caregiver gives me them  
  Medication machine  
 Timer  
  Calendar  
  Pill minder  
 Nurse/Home Health set up  
  Staff  
  Other – note in

Comments:

I am currently taking:

- Prescription medication  Yes    No
- Over-the-counter medications, including vitamins  Yes    No

I know what medications I take and why I take them:  Yes    No   Comments:

I am able to self-administer my medications:  Yes    No   Comments:

I have the following additional medication needs or concerns:

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### Current Medications

My current medications (include prescription, over-the-counter & vitamins):

| Medication Name | Dosage | Frequency | Prescriber | Reason/Purpose | Date Started |
|-----------------|--------|-----------|------------|----------------|--------------|
|                 |        |           |            |                |              |
|                 |        |           |            |                |              |
|                 |        |           |            |                |              |
|                 |        |           |            |                |              |
|                 |        |           |            |                |              |
|                 |        |           |            |                |              |

### Past Relevant Medications

Past medications tried:

| Medication Name | Dates | Reason Discontinued (e.g. specific side effect, insurance coverage, medication wasn't effective) |
|-----------------|-------|--|
|                 |       |  |
|                 |       |  |
|                 |       |  |
|                 |       |  |
|                 |       |  |
|                 |       |  |

### Pharmacy

|                              |  |
|------------------------------|--|
| I have a pharmacy that I use | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Pharmacy Name                |  |
| Pharmacy Address             |  |
| Pharmacy Phone               |  |
| I am locked into a pharmacy  | <input type="checkbox"/> Yes <input type="checkbox"/> No |

### My Current Medical Support Team

| Role                            | Name/ Agency | Address |  | Last Visit Date | Reason for Last Visit |
|---------------------------------|--------------|---------|--|-----------------|-----------------------|
| Primary Care Practitioner (PCP) |              |         |  |                 |                       |
| Dentist                         |              |         |  |                 |                       |
| Eye Doctor                      |              |         |  |                 |                       |
| Audiologist                     |              |         |  |                 |                       |
| Therapist                       |              |         |  |                 |                       |
| Psychiatrist                    |              |         |  |                 |                       |

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|                          |  |  |  |  |  |
|--------------------------|--|--|--|--|--|
| Speech Therapy           |  |  |  |  |  |
| Physical Therapy         |  |  |  |  |  |
| Occupational Therapy     |  |  |  |  |  |
| Other Specialties (list) |  |  |  |  |  |

I currently need assistance to access or identify the following providers:

### Supports & Services Received

I **currently** receive the following supports & services (i.e. Therapy (individual, group, family), Psychiatry services, Intensive Outpatient, Medication Management, HCBS waiver services, BHIS, Habilitation services, Transportation, In-Home Care, Durable Medical Equipment, Alcohol and/ or Substance use/ abuse services, etc.):

| Service Type | Provider Name | Provider Address | Successful or Helpful                                    | Dates of Service |
|--------------|---------------|------------------|--|------------------|
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |

Comments:

My **past** supports & services I have accessed (i.e. Therapy (individual, group, family), Psychiatry services, Intensive Outpatient, Medication Management, HCBS waiver services, BHIS, Habilitation services, Transportation, In-Home Care, Durable Medical Equipment, Alcohol and/ or Substance use / Abuse services, etc.):

| Service Type | Provider Name | Provider Address | Successful or Helpful                                    | Dates of Service |
|--------------|---------------|------------------|--|------------------|
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |
|              |               |                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |

Comments:

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I am satisfied with my current supports and services:  Yes  No  
If no, explain:

I participate in support groups (e.g. NAMI, NA/AA, etc.):  Yes  No  
If yes, explain (type/frequency):

I want to participate in support groups (e.g. NAMI, NA/AA, etc.):  Yes  No  
If yes, explain (type/reason):

### Substance Use or Abuse

I have a history of alcohol and/or substance use:  Yes  No

I live with or spend time with a person who has alcohol or substance abuse concerns, including misuse of prescription medication:  Yes  No *If yes, provide additional information:*

The following people in my life (e.g. spouse, partner, parents/guardian, friend, child, etc.) are concerned about my substance and/or tobacco use:  Yes  No Describe:

### Alcohol Use

|  |  |
|--|--|
| I consume alcoholic beverages  | <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If no, skip to caffeine use</i>  |
| I drink alcohol  | <input type="checkbox"/> Never <input type="checkbox"/> Monthly or less<br><input type="checkbox"/> 2-4 times a month <input type="checkbox"/> 4 or more times a week                        |
| On a typical day, I consume this many alcohol drinks   | <input type="checkbox"/> 1-2 drinks <input type="checkbox"/> 7-9 drinks<br><input type="checkbox"/> 3-4 drinks <input type="checkbox"/> 10 or more drinks                                    |
| I drink 5 or more drinks on one occasion   | <input type="checkbox"/> Never <input type="checkbox"/> Less than monthly <input type="checkbox"/> Monthly<br><input type="checkbox"/> Weekly <input type="checkbox"/> Daily or almost daily |
| In the past year, I have consumed, 5 or more drinks for men or 4 or more drinks for women, per day | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| My choice of alcohol is  |  |
| I first used alcohol at age  |  |
| My longest sobriety was  |  |

### Caffeine Use

|  |  |
|--|--|
| In the <b>past two weeks</b> , I have consumed the following caffeinated beverages per day | <input type="checkbox"/> No coffee or caffeinated beverages<br><input type="checkbox"/> 1-2 cups of coffee or 1-4 caffeinated beverages<br><input type="checkbox"/> 3-6 cups of coffee or 5-9 caffeinated beverages<br><input type="checkbox"/> 7 or more cups of coffee or 10 or more caffeinated beverages |
| My preferred choice of caffeinated beverage is   |  |

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### Illegal Substances

|   |   |
|---|---|
| I have used illegal substances  | <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If no, skip to tobacco use</i>  |
| I use illegal substances  | <input type="checkbox"/> Never <input type="checkbox"/> Monthly or less <input type="checkbox"/> 2-4 times a month<br><input type="checkbox"/> 4 or more times a week |
| In past year, I have used an illegal drug                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| In past year, I have used prescription medication for non-medical reasons | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| My preferred choice of illegal substance is                               |   |
| I first used illegal substances at age                                    |   |
| I have tried the following illegal substances                             |   |

### Tobacco Use

|   |   |
|---|---|
| I currently smoke or use other forms of tobacco | <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If no, skip to alcohol/substance abuse treatment</i>  |
| My choice of tobacco is                         | <input type="checkbox"/> Cigarettes <input type="checkbox"/> Cigars <input type="checkbox"/> E-cigarettes/Vape<br><input type="checkbox"/> Chewing Tobacco <input type="checkbox"/> Other   |
| I use tobacco                                   | <input type="checkbox"/> Sometimes (few times a month)<br><input type="checkbox"/> Occasionally (few times a week)<br><input type="checkbox"/> Daily<br><i>For cigarettes/cigars/vaping, answer the following:</i><br><input type="checkbox"/> Light cigarette smoker (1-9 cigs/day)<br><input type="checkbox"/> Moderate cigarette smoker (10-19 cigs/day)<br><input type="checkbox"/> Heavy cigarette smoker (20-39 cigs/day)<br><input type="checkbox"/> Very heavy smoker (40+cigs/day) |
| In past year, I have used tobacco               | <input type="checkbox"/> Sometimes (few times a month)<br><input type="checkbox"/> Occasionally (few times a week)<br><input type="checkbox"/> Daily<br>Type/Comments:  |
| I first used tobacco at age                     |   |

### Alcohol/Substance Abuse History

My family history of substance use, treatment and/or issues include:

Additional alcohol / substance use comments:

### Gambling/Dependence

I have gambled money or goods in the past year:  Yes  No *If no, skip to Self-Care/ADLs/IDLs Section.*

In the **past 12 months**, I have

|  |  |
|--|--|
| Become restless, irritable, or anxious when trying to stop or cut down on gambling | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Tried to keep my family or friends from knowing how much I have gambled            | <input type="checkbox"/> Yes <input type="checkbox"/> No |

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|  |  |
|--|--|
| Had financial trouble as a result of my gambling that I had to get help with living expenses from family, friends or other sources | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|--|--|

### Self-Care/ADLs/IDLs

I **need assistance** with the following:

| Activity   | Independent              | Supervision/<br>Verbal Prompts /<br>Cueing | Assistive<br>Device      | Physical<br>Assistance   | Total<br>Dependence      | Frequency of<br>Assistance |                          |
|--|--------------------------|--|--------------------------|--------------------------|--------------------------|----------------------------|--------------------------|
|  |                          |  |                          |                          |                          | Daily                      | Intermittent             |
| Eating   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Grooming and personal hygiene                                  | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Bathing  | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Dressing   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Mobility in bed  | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Transferring   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Walking  | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Continence   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Preparing meals  | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Housekeeping   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Managing finances  | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Managing medications   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Handling transportation (driving or navigating public transit) | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Using the telephone or other communication devices             | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| Shopping   | <input type="checkbox"/> | <input type="checkbox"/>                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |

If assistance is needed to participate in an activity listed in the table above, include information about the type of supervision, physical assistance, and/or use of assistive devices or adaptive equipment needed:

### Caregiver(s) Natural Supports

I have an unpaid caregiver(s)/natural support who assists with me with activities above:  Yes    No  
If yes, list caregiver name, assistance and frequency:

My Caregiver(s)/natural support reports feelings of stress:  Yes    No

The caregiver(s)/natural support access the following supports, training, and resources:



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The caregiver(s)/natural support needs the following supports, training, and resources:

### Transportation

|  |   |
|--|---|
| I am able to arrange my own transportation                   | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| I have a valid driver's license                              | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| I have a safe/reliable vehicle                               | <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| I am able to use public transportation                       | <input type="checkbox"/> No help or supervision<br><input type="checkbox"/> Need some help or occasional supervision<br><input type="checkbox"/> Need a lot of help<br><input type="checkbox"/> Need consistent help  |
| I am able to get to the places I want (check all that apply) | <input type="checkbox"/> Walking <input type="checkbox"/> Bicycle<br><input type="checkbox"/> Drive <input type="checkbox"/> Take a taxi/bus<br><input type="checkbox"/> Family/friends drive <input type="checkbox"/> Staff/Provider<br><input type="checkbox"/> Other, describe |

I have the following transportation needs or concerns, not identified above:

### Employment & Volunteering

I am currently working:  Yes  No  I am under age 14 (skip to Educational History section)

If working:

I work \_\_\_\_\_ hours a week doing the following: \_\_\_\_\_ .

I like my current job:  Yes  No

I want to find a different job:  Yes  No *If yes, I am interested in:*

I have supports that assist me with maintaining my job:  Yes  No *If yes, I am currently receiving the following supports (name, type of support & # of hours of support):*

If not working:

I want to obtain a job:  Yes  No

I am interested in (identify job interest, why and # of hours):

I need the following supports to be successful in obtaining a job:

I am currently working with Iowa Vocational Rehabilitation Services (IVRS):  Yes  No *If yes, I began working with IVRS on the following date:*

My IVRS counselor name, address & phone number is:

My **past** work history includes:

| Employer | Services/Supports Received, if applicable | Summary About Employment (Like/dislike job, quit/fired, etc.) | Employment Dates |
|----------|---|---|------------------|
|          |   |   |                  |
|          |   |   |                  |

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|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|  |  |  |  |

I am currently volunteering or interested in volunteering:  Yes  No

I volunteer at:            doing the following:

I volunteer these days:

I am interested in volunteering at or doing:

Additional employment / volunteering comments:

### Educational History

I am currently in school:  Yes  No *If yes, where:*

*If yes, are you in any extra-curricular activities:*  Yes  No *Explain:*

I attend school as scheduled (i.e. following attendance policy, are there truancy issues, etc.):  Yes  No

Comments:

The highest level of education I have completed is:

- I am currently in K – 12<sup>th</sup> grade     
  GED / Hi-Set                     
  High School Diploma     
  Technical School  
 Certificate                     
  2 year Degree                     
  4 year Degree                     
  Master's  
 Doctorate/PhD                     
  Did not complete high school                     
  Other

I have a degree(s)/certificate(s), post high school/GED/Hi-Set:  Yes  No *If yes, explain date obtained and specialty obtained:*

I would describe my school experience as:

I receive or received the following supports/services (e.g. AEA, special educations, etc.) in school:

I am interested in furthering my education:  Yes  No *If no, skip to Housing Situation section*

I would like to go to school for:

I need assistance or support in gaining access to educational services:  Yes  No *If yes, explain type of assistance/support needed:*

Additional educational comments:

### Housing Situation

I currently live (check all applicable):

- Alone                                     
  With Immediate Family                     
  With Relatives  
 With Friends                             
  With Roommates                             
  Other, describe

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I currently reside in:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Own home                      | <input type="checkbox"/> Apartment       | <input type="checkbox"/> Family/Friend Home              |
| <input type="checkbox"/> Shelter                       | <input type="checkbox"/> Homeless        | <input type="checkbox"/> Residential Care Facility (RCF) |
| <input type="checkbox"/> Psychiatric Medical Institute | <input type="checkbox"/> Other, describe |  |

I feel safe in my home:  Yes  No *If no, why:*

The exits in my home/residence are easily accessible in case of an emergency:  Yes  No *If no, describe plan to make accessible:*

I feel safe in my neighborhood:  Yes  No *If no, why:*

I am able to access emergency assistance in case of an emergency by (check all applicable):

- |   |  |                                   |   |
|---|--|-----------------------------------|---|
| <input type="checkbox"/> Cell Phone     | <input type="checkbox"/> Family          | <input type="checkbox"/> Neighbor | <input type="checkbox"/> Personal Emergency Response System |
| <input type="checkbox"/> Staff/Provider | <input type="checkbox"/> Other, describe |                                   |   |

In the **next 2 months**, I am worried that I may not have stable housing:  Yes  No

I have the following additional housing needs or concerns:

### Financial

#### Representative Payee & Conservator

I have a representative payee:  Yes  No

Representative Payee Name:  
Address (Street, City, State, Zip)  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

I have a conservator:  Yes  No

Conservator Name:  
Address (Street, City, State, Zip)  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Income and Resources

I receive the following income and monthly amounts (Social Security, work wages, etc.):

| Income Type                     | Amount | Frequency<br><i>(Monthly, weekly, etc.)</i> |
|---------------------------------|--------|---|
| Social Security (SSDI/SDAC/SSI) |        |   |
| Retirement                      |        |   |
| Work Wages                      |        |   |
| Other:                          |        |   |

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I am able to manage my own finances (i.e. understands use of money, can pay for things, pay bills, and balances a checkbook):  Needs no help or supervision  Needs some help or occasional supervision  
 Needs a lot of help or constant supervision  Can't do it at all

Comments:

I need legal aid assistance:  Yes  No *If yes, explain:*

In the **last 3 months**, I ate less because there wasn't enough money for food:

Yes  No

In the **last 6 months**, I have had my electric, gas, oil or water company threaten to shut off my service:

Yes  No

I have problems getting childcare & it makes it hard for me to work or study:  Yes  No *If yes, explain:*

I have the following additional financial needs or concerns:

I currently

|                            |  |          |
|----------------------------|--|----------|
| Receive food stamps        | <input type="checkbox"/> Yes <input type="checkbox"/> No | Comment: |
| Access the food pantry     | <input type="checkbox"/> Yes <input type="checkbox"/> No | Comment: |
| Receive housing assistance | <input type="checkbox"/> Yes <input type="checkbox"/> No | Comment: |

Additional community resources I use or need:

## Legal Information

### Legal Guardian

I have a legal guardian:  Yes  No

|                                    |  |
|------------------------------------|--|
| Name                               |  |
| Address (Street, City, State, Zip) |  |
| Phone                              |  |
| Email                              |  |

### Advanced Directive

I have an advanced directive in place:  Yes  No

*If no*, I would like information on how to complete this:  Yes  No

The following information was provided to me:

### Power of Attorney

I have a Power of Attorney:  Yes  No

|      |  |
|------|--|
| Name |  |
|------|--|

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|                                    |  |
|------------------------------------|--|
| Type of Power of Attorney          |  |
| Address (Street, City, State, Zip) |  |
| Phone                              |  |
| Email                              |  |

### Mental Health Committal

I have a mental health committal:  Yes  No

|                                    |  |
|------------------------------------|--|
| Committal County                   |  |
| Judicial Advocate Name             |  |
| Address (Street, City, State, Zip) |  |
| Phone                              |  |
| Email                              |  |

### Substance Abuse Committal

I have a substance abuse committal:  Yes  No

|                                    |  |
|------------------------------------|--|
| Committal County                   |  |
| Judicial Advocate Name             |  |
| Address (Street, City, State, Zip) |  |
| Phone                              |  |
| Email                              |  |

### Probation or Parole

I am on probation or parole:  Yes  No

|                                    |  |
|------------------------------------|--|
| Probation/Parole Officer Name      |  |
| Judicial Advocate Name             |  |
| Address (Street, City, State, Zip) |  |
| Phone                              |  |
| Email                              |  |

Summary of arrest history:

I have a no contact order in place:  Yes  No Details:

I am on the child abuse registry:  Yes  No Summary:

I am on the sex offender registry:  Yes  No Summary:

For **Children ONLY**,

My child has the following in place:

|                                    |  |                      |
|------------------------------------|--|----------------------|
| Child in need of assistance (CINA) | <input type="checkbox"/> Yes <input type="checkbox"/> No | Details:             |
| Child protection order             | <input type="checkbox"/> Yes <input type="checkbox"/> No | Details:             |
| Foster Care Placement              | <input type="checkbox"/> Yes <input type="checkbox"/> No | Foster Parent Names: |
| Other court order                  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Details:             |

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### Future Identified Goals & Needs

A typical day for me is (e.g. starting from when you get up until bed time, outline your basic routine)?

I would like to change the following, if anything, about my day:

I have the following urgent needs (e.g. I don't have food tonight, don't have a place to sleep):

I would like to receive assistance with those needs:  Yes  No

My overall goal for improving my health and life is:

The following describes how ready I am to change or take action on my goals:

- Not planning to take action within the near future
- Planning to take action within the next six months
- Planning to take action within the next months and have a plan of how to do this
- I've already made significant modifications in my way of life

Comment:

The most important thing for me to address is:

I am aware that this could require a personal change to address this need:  Yes  No

On a scale of 0 – 10, with 10 being extremely important, I would rate this as a

On a scale of 0 – 10, with 10 being extremely confident, I would rate my confidence in making this change a

The second most important thing for me is:

I am aware that this could require a personal change to address this need:  Yes  No

On a scale of 0 – 10, with 10 being extremely important, I would rate this as a

On a scale of 0 – 10, with 10 being extremely confident, I would rate my confidence in making this change a

The third most important thing for me is:

I am aware that this could require a personal change to address this need:  Yes  No

On a scale of 0 – 10, with 10 being extremely important, I would rate this as a

On a scale of 0 – 10, with 10 being extremely confident, I would rate my confidence in making this change a

I need the following support to accomplish my goal(s):

### Identified Risks and Needs by the Assessor

Using the information in this assessment, complete each area.

**Cognitive functioning.** *Considerations: Cognitive functions, including the member's ability to communicate and understand instructions, process information about an illness, focus and shift attention, comprehend and recall direction independently:*

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**Visual and hearing needs, preferences or limitations.** *Considerations: Member's vision and hearing, and the impact on member's case management plan and barriers to effective communication or care. Examples include visual impairment and need for/use of visual aids, hearing impairment and need for/use of hearing aids or other supports or devices:*

**Social functioning.** *Considerations: Social functioning refers to an ability to interact easily and successfully with other people. Examples include engagement with family and friends, social isolation, employment status:*

**Cultural and linguistic needs, preferences or limitations.** *Considerations: Member's cultural health beliefs/practices/needs, preferred languages and needs, and the impact of culture and language on communication, care, or acceptability of specific treatments:*

**Health status, including condition-specific issues.** *Considerations: Active diagnoses, physical health conditions, co-morbidities, self-reported health status, current medications (including dosages and schedule):*

**Behavioral health status.** *Considerations: Behavioral health status, including mental health conditions and substance use disorders (examples: substance use disorders, suicidal ideation, depression, psychosis):*

**Available benefits within the organization.** *Considerations: Adequacy of the member's health insurance benefits in relation to the needs of the case management plan. Examples include benefits covered by the organization and providers, services carved out by the purchaser, services that supplement those the organization is contracted to provide such as community mental health/subsidized housing/palliative care programs:*

**Activities of daily living, including use of supports.** *Considerations: ADL examples include grooming, dressing, bathing, toileting, eating, transferring, continence, walking; supports including assistive technology and human assistance:*

**Instrumental activities of daily living, including use of supports.** *Considerations: IADL examples include managing finances, shopping, preparing meals, managing medications, housework and basic home*

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*maintenance, handling transportation, using telephone and other communication devices; supports including assistive technology and human assistance:*

**Paid and unpaid caregiver resources, involvement and needs.** *Considerations: Adequacy of caregiver resources. For example, family involvement in the case management plan and carrying it out, availability/skills/capacity of caregivers to provide support of requested ADL/IADL, undue burden on caregiver, caregiver support needs:*

**Community resources.** *Considerations: Member's eligibility for community resources and the availability of those resources. Examples include community mental health, vocational programs, volunteer companion services, government aid, senior centers, adult day care, support groups, poverty outreach groups, housing resources, legal aid, and palliative care programs:*

**Social determinants of health.** *Considerations: Social determinants of health refer to the economic and social conditions that affect a wide range of health, functioning and quality-of-life outcomes and risks. Examples include current housing and housing security, access to local food markets, exposure to crime/violence/social disorder, residential segregation and other forms of discrimination, access to mass media and emerging technologies, social support/norms/attitudes, access to transportation, and financial barriers to obtaining treatment:*

**Health beliefs and behaviors.** *Considerations: Health beliefs and behaviors may reflect cultural and social beliefs about health problems, perceived benefits of action, and barriers to action. Examples include optimism, self-efficacy, and physical activity, smoking, alcohol use, medication adherence, beliefs and concerns about the condition or services the member is receiving:*

**Physical environment for risk.** *Considerations: Member's physical environment and risks. Examples include fall risks, medication risks, accessibility of exits, and access to emergency assistance:*

### Habilitation Eligibility (only complete if applying or accessing habilitation)

**Risk Factor** – must at least meet 1 of the following

- Has undergone or is currently undergoing psychiatric treatment more intensive than outpatient care more than once in the member's life OR
- Has a history of psychiatric illness resulting in at least one episode of continuous, professional supportive care other than hospitalization





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**Need for Assistance** – meet at least 2 of the following on continuing or intermittent basis for 2 years

- Is unemployed, or employed in a sheltered setting, or have markedly limited skills and a poor work history.
- Requires financial assistance for out-of-hospital maintenance and may be unable to procure this assistance without help.
- Shows severe inability to establish or maintain a personal social support system.
- Requires help in basic living skills such as self-care, money management, housekeeping, cooking, or medication management.
- Exhibits inappropriate social behavior that results in demand for intervention.

### SIGNATURE

\_\_\_\_\_  
Name, Credentials

\_\_\_\_\_  
Date

\_\_\_\_\_  
Member / Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Title:

\_\_\_\_\_  
Date

\_\_\_\_\_  
Title:

\_\_\_\_\_  
Date