

GREEN TO GO



Brought to you by: **iowa total care**™

**In partnership with
Tanager**

YOU'RE INVITED!

Date: Saturday, June 28
Time: 11:30 a.m. – 1:30 p.m.
Place: New Bo City Market
1100 3rd St. SE
Cedar Rapids, IA 52401



Be Well. Eat Well.
An Iowa Total Care Initiative. Visit
iowatotalcare.com/bewelleatwell
for more resources.

JOIN US FOR:



Helpful information on community
& health resources — and more!



Tips from a Hy-Vee dietician and
free recipes!



Fresh, free produce
(while supply lasts)!



Free baby supplies!

Partner organization:


Tanager

Inspire. Empower. Heal.