



iowa total care™



EPSDT

Early Periodic Screening, Diagnosis, and Treatment

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What is EPSDT?



- **Early:** Assessing and identifying problems early
- **Periodic:** Checking children's health at periodic, age-appropriate intervals
- **Screening:** Providing physical, mental, developmental, dental, hearing, vision, and other screening tests to detect potential problems
- **Diagnostic:** Performing diagnostic tests to follow up when a risk is identified
- **Treatment:** Control, correct, or reduce health problems found.

What is EPSDT?



- Early

- Children should receive quality healthcare beginning at birth and continuing throughout childhood and adolescence. The goal of regular healthcare is to identify, diagnose, and treat medical conditions as **early** as possible.



What is EPSDT?



- Periodic
 - Infants, children, and adolescents should receive well child visits at **regular intervals** throughout childhood and adolescence. Health care may also be provided between regularly scheduled visits.

Iowa Department of Human Services

 PERIODICITY SCHEDULE		Infancy		Early Childhood				Mid. Childhood				Adolescence																					
		New born	2-5 days	by 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 yr	4 yr	5 yr	6 yr	7 yr	8 yr	9 yr	10 yr	11 yr	12 yr	13 yr	14 yr	15 yr	16 yr	17 yr	18 yr	19 yr	20 yr	21 yr	
History Initial/Interval		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Physical Exam Well Visit		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Measurements	Length/Height and Weight	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Weight for Length	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Body Mass Index	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Head Circumference	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Blood Pressure	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Sensory Screening	Vision	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Hearing	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Oral Health	Screening and Risk Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Fluoride Varnish Applications																																
Developmental and Behavioral Health	Caregiver Depression Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Developmental Surveillance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Developmental Screening																																
	Autism Screening																																
	Psychosocial/Behavioral Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Tobacco, Alcohol and Drug Use Assessment																																
Anticipatory Guidance	Depression Screening																																
Nutrition/Obesity Prevention Assess/Educate		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
Procedures	Newborn Screening - blood, bilirubin, hearing, critical congenital heart disease	●	←	→																													
	Immunization	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Hemoglobin/Anemia				○					○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Lead Testing																																
	Lipid Screening																																
	STI Screening																																
	HIV Screening																																
	Tuberculosis			○		○		○		○		○		○		○		○		○		○		○		○		○		○		○	
	Cervical Dysplasia Screening																																

KEY: ● To be performed ○ Assess risk ←→ Screen at least once during time period indicated

What is EPSDT?



- Screening

- Children should be **screened** for health as well as developmental and behavioral concerns. These comprehensive services should include health history, developmental and behavioral assessment, physical exam, immunizations, lab tests, nutrition/obesity prevention, oral health exam, health education, and vision and hearing screenings



What is EPSDT?

- Diagnosis
 - Children should receive **further evaluation** of health, developmental or social-emotional problems identified during well-child visits that may require treatment.



What is EPSDT?



- Treatment
 - Children should receive treatment for health, developmental, or social-emotional problems identified during well-child visits.



What is EPSDT?



- In Iowa, the EPSDT program is *Care for Kids*.
- The purpose is to promote physical, mental, social, emotional, and behavioral health of children from birth to age 21.
- The EPSDT program require that Medicaid pay for any medically necessary diagnostic and treatment services for problems detected as part of a well-child exam.
- All Iowa children who are enrolled in Medicaid are automatically enrolled in EPSDT Care for Kids.
 - All EPSDT services are free to children enrolled in Medicaid.
- Hawki children are not eligible for the EPSDT program.

Why have EPSDT?



- **Children covered by Medicaid are more likely to be born with:**
 - Low birth weight
 - Poor health
 - Developmental delays or learning disorders
 - Chronic medical conditions requiring long term use of prescription medications

- **Regular EPSDT screenings provide an ideal opportunity to:**
 - Identify concerns through comprehensive assessment of the child and family
 - Find and treat health problems before they become more serious
 - Develop a care plan that is responsive to the family's strengths, needs and choices

What services are covered?



- **Comprehensive history and assessment of physical and mental health, development, and nutrition.**
 - Unclothed/undressed and draped physical exam
 - Must be clearly stated or charted indicating unclothed evaluation
 - Example: Tanner scores, skin integrity, evaluation of scoliosis, etc.
 - Age-appropriate laboratory tests
 - Lead level at 12 and 24 months via capillary or venous blood [CPT Code 83655]
 - Other tests per [Periodicity Schedule](#)
 - Health Education and Anticipatory Guidance
 - See [Care for Kids](#) site for additional guidance



What services are covered?



- **Hearing assessment**
 - Newborn screening required by Iowa law
- **Pediatric vision screening**
 - Children in Kindergarten and 3rd grade required by Iowa law



What services are covered?



- **Oral Health Assessment requires**
 - Oral screening at each visit beginning at 6 months of age
 - Referral to a dental home for routine examination by 12 months of age
 - Iowa Medicaid reimburses application of fluoride varnish by Primary Care or Dental Office [CPT Code 99188]
- **Anticipatory guidance**
 - Providers offer health information to parents before significant physical and psychological milestones.
 - Helps parents anticipate impending changes and take action to maximize their child's developmental potential and identify unique needs



Iowa Child Health and Development Record (CHDR)



- Child Health and Development Record (CHDR) forms are designed to be used as part of a specific health maintenance visit from birth through age 19.
- Provide guidelines for social, social-emotional, and behavioral concerns in children from birth through age 3 with links to screening tools and other resources for initial and follow-up screening.

Additional Resources



- For additional resources:
 - <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/care-for-kids-epsdt>
 - <http://www.iowaepsdt.org/>
 - <https://www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-and-treatment/index.html>