

Get Help with Discharge Planning

You have a team ready to assist you in creating and coordinating a discharge plan: our Transition of Care Team. Their services are free to you or your Iowa Total Care (ITC) patient.

Benefits Of Working with the Transitions Of Care Team

- Help in scheduling visits with provider(s).
- Help in finding providers for needed services.
- Help in understanding the patient's ITC health insurance benefits.
- Making referrals to providers for individual, group and family counseling sessions.

How To Connect With A Team Member

If your patient has ITC health insurance coverage:
 Call **1-833-404-1061 (TTY: 711)** or
 Email care_management@iowatotalcare.com

For Discharged Behavioral Health Patients

Remind them that an important first step upon discharge is to keep their 7-day follow-up appointment with their provider.

Behavioral health patients get \$30 for going to their 7-day follow-up visit.

After the patient meets with their provider and the claim is processed, they will receive \$30 on a My Health Pays[®] Visa card.

Additional FREE resources available to Iowa Total Care patients:

- Telehealth – 24/7 access to medical care.
 - Transportation – rides to and from non-emergency medical appointments.**
 - Language line – interpreters for just about any language, including American Sign Language.
 - Findhelp.org – online tool to help find local resources like food and housing.
 - Free cell phone through Safelink Wireless.**
- **Some restrictions apply.*

Behavioral Health Support Material

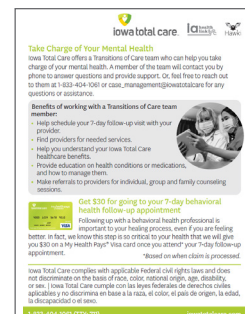
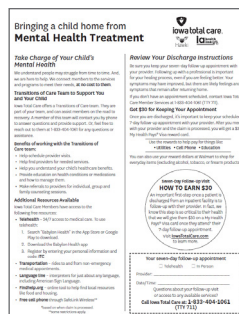
For copies of any of the material below, email care_management@iowatotalcare.com.



Adult Discharge Brochure & 1-Pager



Pediatric Discharge Brochure & 1-Pager



Discharge Planning Script Pad